

Bessie Nichols YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Bessie Nichols YMCA Child Care Bessie Nichols YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Bessie Nichols YMCA Child Care Bessie Nichols YMCA Child Care Sign Up	12:00AM-1:00AM						



Bishop Savaryn YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Bishop Savaryn YMCA Child Care Bishop Savaryn YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Bishop Savaryn YMCA Child Care Bishop Savaryn YMCA Child Care Sign Up	12:00AM-1:00AM						



Blue Quill YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Blue Quill YMCA Child Care Blue Quill YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Blue Quill YMCA Child Care Blue Quill YMCA Child Care Sign Up	12:00AM-1:00AM						



Brookside YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Brookside YMCA Child Care Brookside YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Brookside YMCA Child Care Brookside YMCA Child Care Sign Up	12:00AM-1:00AM						



Cantiro YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Cantiro YMCA Child Care Cantiro YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Cantiro YMCA Child Care Cantiro YMCA Child Care Sign Up	12:00AM-1:00AM						



Castle Downs Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aikido Studio 3 - Castle Downs Sign Up		6:15PM-7:45PM		11:30AM-1:00PM			
Aquafit - Deep Main Pool - Castle Downs Sign Up		9:00AM-9:55AM		10:00AM-10:55AM 8:00PM-8:45PM			
Aquafit - Shallow Main Pool - Castle Downs Sign Up			9:00AM-9:55AM	8:00PM-8:45PM	9:00AM-9:55AM		
Bootcamp Gymnasium - Castle Downs Sign Up				9:15AM-10:15AM			
Bootcamp Studio 1 and 2 - Castle Downs Sign Up		9:45AM-10:15AM					
Bridge to Wellness (Level I) Studio 1 and 2 - Castle Downs Sign Up		1:15PM-2:15PM		1:15PM-2:15PM			
Cardio Dance - High Low Studio 1 and 2 - Castle Downs Sign Up		7:30PM-8:30PM					
Cardio Dance - Zumba Gymnasium - Castle Downs Sign Up			6:00PM-7:00PM				
Cardio Dance - Zumba Studio 1 and 2 - Castle Downs Sign Up						8:45AM-9:45AM	
Cardio Dance - Zumba Studio 3 - Castle Downs Sign Up				7:15PM-8:15PM			10:45AM-11:45AM
Cardio and Strength - Gentle Fit Gymnasium - Castle Downs Sign Up		12:00PM-1:00PM		12:00PM-1:00PM			
Cardio and Strength - Gentle Fit Studio 3 - Castle Downs Sign Up			9:15AM-10:15AM				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio and Strength - Synrgy360 Fitness Centre - Castle Downs Sign Up				5:00PM-5:45PM 6:00PM-6:45PM			
Childminding - Evening Multi-Purpose Room 3 - Castle Downs Sign Up		5:00PM-6:00PM 6:00PM-7:00PM 7:00PM-8:00PM	5:00PM-6:00PM 6:00PM-7:00PM 7:00PM-8:00PM	5:00PM-6:00PM 6:00PM-7:00PM 7:00PM-8:00PM	5:00PM-6:00PM 6:00PM-7:00PM 7:00PM-8:00PM		
Childminding - Morning Multi-Purpose Room 3 - Castle Downs Sign Up		9:00AM-10:00AM 10:00AM-11:00AM 11:00AM-12:00PM	9:00AM-10:00AM 10:00AM-11:00AM 11:00AM-12:00PM	9:00AM-10:00AM 10:00AM-11:00AM 11:00AM-12:00PM	9:00AM-10:00AM 10:00AM-11:00AM 11:00AM-12:00PM	9:30AM-10:30AM 10:30AM-11:30AM 11:30AM-12:30PM	
Core Studio 1 and 2 - Castle Downs Sign Up			9:15AM-10:15AM				
Core Studio 3 - Castle Downs Sign Up		5:00PM-5:30PM					
Cycle Studio 1 and 2 - Castle Downs Sign Up		9:15AM-9:45AM 6:15PM-7:15PM	10:30AM-11:15AM		8:30AM-9:00AM		8:30AM-9:30AM
HIIT (High Intensity Interval Training) Studio 1 and 2 - Castle Downs Sign Up						10:00AM-10:45AM	
Kids' Club (6-12yrs) Multi-Purpose Room 1 - Castle Downs Sign Up					5:00PM-6:00PM 6:00PM-7:00PM 7:00PM-8:00PM		
Strength - TRX Studio 1 and 2 - Castle Downs Sign Up			8:00AM-9:00AM				
Strength Gymnasium - Castle Downs Sign Up			7:15PM-8:15PM		9:15AM-10:15AM		
Stretch and Mobility Studio 3 - Castle Downs Sign Up		10:30AM-11:15AM 5:30PM-6:00PM		10:30AM-11:15AM			
Tai Chi Studio 1 and 2 - Castle Downs Sign Up		10:30AM-11:30AM		10:30AM-11:30AM			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Yoga - Flow			10:30AM-11:30AM		7:00AM-7:45AM		
Studio 3 - Castle Downs Sign Up			7:30PM-8:30PM		10:30AM-11:30AM		
					6:00PM-7:00PM		
Yoga - Restorative Studio 3 - Castle Downs Sign Up						11:00AM-12:15PM	



Castle Downs YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Castle Downs YMCA Child Care (Extended Hours) Castle Downs YMCA Child Care Sign Up	12:00AM-1:00AM						
New Registration for Castle Downs YMCA Child Care Castle Downs YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Castle Downs YMCA Child Care (Extended Hours) Castle Downs YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Castle Downs YMCA Child Care Castle Downs YMCA Child Care Sign Up	12:00AM-1:00AM						



Constable Daniel Woodall YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Constable Daniel Woodall YMCA Child Care Constable Daniel Woodall YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Constable Daniel Woodall YMCA Child Care Constable Daniel Woodall YMCA Child Care Sign Up	12:00AM-1:00AM						



David Thomas King YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for David Thomas King YMCA Child Care David Thomas King YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to David Thomas King YMCA Child Care David Thomas King YMCA Child Care Sign Up	12:00AM-1:00AM						



Delwood YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Delwood YMCA Child Care Delwood YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Delwood YMCA Child Care Delwood YMCA Child Care Sign Up	12:00AM-1:00AM						



Devonshire YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Devonshire YMCA Child Care Devonshire YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Devonshire YMCA Child Care Devonshire YMCA Child Care Sign Up	12:00AM-1:00AM						



Don Wheaton Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquafit - Deep Main Pool - Don Wheaton Sign Up			9:45AM-10:30AM				
Aquafit - Shallow Main Pool - Don Wheaton Sign Up			9:45AM-10:30AM				
Barre Studio 2 - Don Wheaton Sign Up		11:00AM-11:45AM		11:00AM-11:45AM			
Bridge to Wellness (Level I) Studio 1 - Don Wheaton Sign Up		1:15PM-2:15PM		1:15PM-2:15PM			
Bridge to Wellness (Level II) Studio 2 - Don Wheaton Sign Up				9:30AM-10:30AM			
Cardio Dance - Zumba Studio 2 - Don Wheaton Sign Up				5:30PM-6:25PM			
Cardio Dance Gymnasium - Don Wheaton Sign Up		5:00PM-5:55PM					
Cardio Dance Studio 2 - Don Wheaton Sign Up							9:00AM-9:45AM
Cardio and Strength - Gentle Fit Studio 2 - Don Wheaton Sign Up		9:45AM-10:45AM					
Cardio and Strength - Synrgy360 Functional Training Room - Don Wheaton Sign Up				12:05PM-12:50PM			11:00AM-11:55AM
Cardio and Strength Studio 2 - Don Wheaton Sign Up			11:00AM-11:45AM			10:00AM-10:45AM	

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cycle		6:15AM-7:00AM	12:05PM-12:50PM	6:15AM-7:00AM		11:00AM-11:45AM	
Community Room - Don Wheaton		11:00AM-11:45AM		11:00AM-11:45AM			
Sign Up				6:00PM-6:55PM			
HIIT (High Intensity Interval Training) Functional Training Room - Don Wheaton Sign Up		5:00PM-5:55PM		5:00PM-5:55PM	5:30PM-6:25PM		
Step Studio 2 - Don Wheaton Sign Up			6:30PM-7:15PM				
Strength - LIFT Gymnasium - Don Wheaton Sign Up		12:05PM-12:50PM	5:15PM-6:10PM				
Strength Gymnasium - Don Wheaton Sign Up					11:00AM-11:45AM		
Strength Studio 2 - Don Wheaton Sign Up			6:15AM-7:00AM		6:15AM-7:00AM		
Yoga - Chair Studio 2 - Don Wheaton Sign Up					9:45AM-10:40AM		
Yoga - Flow Studio 2 - Don Wheaton Sign Up		6:00PM-6:55PM					10:00AM-10:55AM
Yoga - Restorative Studio 2 - Don Wheaton Sign Up					12:05PM-12:50PM		
Yoga - Sculpt Studio 2 - Don Wheaton Sign Up		12:05PM-12:50PM					



Dr. Margaret-Ann Armour YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Dr. Margaret-Ann Armour YMCA Child Care Dr. Margaret-Ann Armour YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Dr. Margaret- Ann Armour YMCA Child Care Dr. Margaret-Ann Armour YMCA Child Care Sign Up	12:00AM-1:00AM						



Eagle Ridge Community Centre | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio and Strength - Gentle Fit Fitness Studio - Eagle Ridge Sign Up			9:30AM-10:30AM				
Kids' Club (6-12yrs) Meeting Room 2 - Eagle Ridge Sign Up	3:45PM-5:45PM						
Minds in Motion Meeting Room 2 - Eagle Ridge Sign Up				10:30AM-12:00PM			
Strength - Women's Only Fitness Studio - Eagle Ridge Sign Up		9:30AM-10:30AM					
Strength - Women's Only Micro Fitness Studio - Eagle Ridge Sign Up				9:00AM-10:00AM			



Esther Starkman YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Esther Starkman YMCA Child Care Esther Starkman YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Esther Starkman YMCA Child Care Esther Starkman YMCA Child Care Sign Up	12:00AM-1:00AM						



Father Leo Green YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Father Leo Green YMCA Child Care Father Leo Green YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Father Leo Green YMCA Child Care Father Leo Green YMCA Child Care Sign Up	12:00AM-1:00AM						



Forest Heights YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Forest Heights YMCA Child Care Forest Heights YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Forest Heights YMCA Child Care Forest Heights YMCA Child Care Sign Up	12:00AM-1:00AM						



Hilwie Hamdon YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Hilwie Hamdon YMCA Child Care Hilwie Hamdon YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Hilwie Hamdon YMCA Child Care Hilwie Hamdon YMCA Child Care Sign Up	12:00AM-1:00AM						



Holy Cross YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Holy Cross YMCA Child Care Holy Cross YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Holy Cross YMCA Child Care Holy Cross YMCA Child Care Sign Up	12:00AM-1:00AM						



James Gibbons YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for James Gibbons YMCA Child Care James Gibbons YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to James Gibbons YMCA Child Care James Gibbons YMCA Child Care Sign Up	12:00AM-1:00AM						



Jamie Platz Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquafit - Aqua Zumba Teach Pool - Jamie Platz Sign Up				7:45PM-8:30PM			
Aquafit - Deep Teach Pool - Jamie Platz Sign Up			5:45AM-6:30AM 7:00AM-7:45AM 8:00AM-8:45AM 9:00AM-9:45AM		5:45AM-6:30AM 7:00AM-7:45AM 8:00AM-8:45AM	8:00AM-8:45AM	8:00AM-8:45AM
Aquafit - Shallow Teach Pool - Jamie Platz Sign Up		5:45AM-6:30AM 7:00AM-7:45AM 8:00AM-8:45AM 9:00AM-9:45AM 7:45PM-8:30PM	7:45PM-8:30PM	8:00AM-8:45AM 9:00AM-9:45AM	9:00AM-9:45AM 10:00AM-10:45AM		
Baby and Me - Fitness Gymnasium - Jamie Platz Sign Up				10:15AM-11:00AM			
Barre Studio - Jamie Platz Sign Up			10:00AM-10:45AM			9:00AM-10:00AM	
Bootcamp - Circuit Studio - Jamie Platz Sign Up		5:45AM-6:30AM		5:45AM-6:30AM			
Bootcamp - Interval Gymnasium - Jamie Platz Sign Up				9:00AM-10:00AM			
Bootcamp Studio - Jamie Platz Sign Up					9:30AM-10:00AM		
Bridge to Wellness (Level I) Multi-Purpose Room 2 - Jamie Platz Sign Up			1:00PM-2:00PM				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Bridge to Wellness (Level			1:00PM-2:00PM				
Studio - Jamie Platz Sign Up							
Bridge to Wellness (Level II) Multi-Purpose Room 2 - Jamie Platz Sign Up					2:00PM-3:00PM		
Bridge to Wellness (Level II) Studio - Jamie Platz Sign Up					2:00PM-3:00PM		
Bridge to Wellness - Aquafit Teach Pool - Jamie Platz Sign Up		1:00PM-2:00PM		12:00PM-1:00PM 12:00PM-1:00PM			
Cardio Dance - High Low Studio - Jamie Platz Sign Up							10:00AM-11:00AM
Cardio Dance - Learn to Dance Studio - Jamie Platz Sign Up						12:45PM-2:00PM 12:45PM-2:00PM	
Cardio Dance - Zumba Studio - Jamie Platz Sign Up		12:15PM-1:15PM	7:15PM-8:15PM	12:00PM-1:00PM 7:15PM-8:15PM		11:30AM-12:30PM	
Cardio and Strength - Gentle Fit Gymnasium - Jamie Platz Sign Up			10:00AM-11:00AM		10:15AM-11:15AM		
Cardio and Strength - HIIT Studio - Jamie Platz Sign Up		9:00AM-9:45AM					
Cardio and Strength - Synrgy360 Fitness Centre - Jamie Platz Sign Up			7:15PM-8:00PM	10:00AM-10:45AM			
Cardio and Strength Gymnasium - Jamie Platz Sign Up		9:00AM-10:00AM					
Childminding - Evening Multi-Purpose Room 1 - Jamie Platz Sign Up		4:30PM-5:15PM 5:15PM-6:15PM	4:30PM-5:15PM 5:15PM-6:15PM	4:30PM-5:15PM 5:15PM-6:15PM			
<u>σign υμ</u>		6:15PM-7:15PM	6:15PM-7:15PM	6:15PM-7:15PM			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Childminding - Morning		8:45AM-10:00AM	8:45AM-10:30AM	8:45AM-10:30AM	8:45AM-10:30AM	8:00AM-9:00AM	
Multi-Purpose Room 1 - Jamie Platz		10:00AM-11:00AM	10:30AM-12:15PM	10:30AM-12:15PM	10:30AM-12:15PM	9:00AM-10:00AM	
Sign Up		11:00AM-12:15PM				10:00AM-11:00AM	
						11:00AM-12:30PM	
Core Fitness Centre - Jamie Platz Sign Up		7:00PM-7:30PM		7:00PM-7:30PM			
Cycle Studio - Jamie Platz			6:15AM-7:00AM		6:15AM-7:00AM		11:15AM-12:15PM
Sign Up			6:00PM-7:00PM		9:00AM-9:30AM		
Kids' Club (6-12yrs) Multi-Purpose Room 1 - Jamie Platz Sign Up					5:00PM-8:00PM	8:00AM-12:30PM	
Step - Advanced Gymnasium - Jamie Platz Sign Up						9:30AM-10:45AM	
Step - Beginner Studio - Jamie Platz Sign Up			9:00AM-9:45AM				
Step Gymnasium - Jamie Platz Sign Up					9:00AM-10:00AM		
Strength - Gentle Fit Multi-Purpose Room 2 - Jamie Platz Sign Up		11:00AM-12:00PM					
Strength - LIFT Gymnasium - Jamie Platz Sign Up						8:15AM-9:15AM	
Strength - LIFT Studio - Jamie Platz <u>Sign Up</u>		6:00PM-7:00PM					
Strength - TRX Studio - Jamie Platz Sign Up		8:00AM-8:45AM					
Strength Gymnasium - Jamie Platz Sign Up			9:00AM-9:45AM				
Strength Studio - Jamie Platz				9:00AM-9:45AM			
Sign Up				6:00PM-7:00PM			

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Tai Chi Studio - Jamie Platz <u>Sign Up</u>			11:00AM-12:00PM				
Yoga - Flow Studio - Jamie Platz <u>Sign Up</u>		6:45AM-7:45AM 1:30PM-2:30PM	8:00AM-8:45AM	10:00AM-10:45AM	8:00AM-8:45AM 10:15AM-11:15AM	10:15AM-11:15AM	
Yoga - Restorative Studio - Jamie Platz <u>Sign Up</u>		10:00AM-10:45AM 7:15PM-8:00PM					9:00AM-9:55AM



Jamie Platz YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Jamie Platz YMCA Child Care Jamie Platz YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Jamie Platz YMCA Child Care Jamie Platz YMCA Child Care Sign Up	12:00AM-1:00AM						



Kipnes YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Kipnes YMCA Child Care Kipnes YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Kipnes YMCA Child Care Kipnes YMCA Child Care Sign Up	12:00AM-1:00AM						



Mount Pleasant YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Mount Pleasant YMCA Child Care Mount Pleasant YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Mount Pleasant YMCA Child Care Mount Pleasant YMCA Child Care Sign Up	12:00AM-1:00AM						



Newalta YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for NewAlta YMCA Child Care NewAlta YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to NewAlta YMCA Child Care NewAlta YMCA Child Care Sign Up	12:00AM-1:00AM						



Northside Community Centre YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio and Strength - Gentle Fit Studio - Northside Sign Up			10:30AM-11:20AM				
Cardio and Strength Studio - Northside Sign Up		12:10PM-12:50PM			9:30AM-10:20AM		
Cycle Studio - Northside <u>Sign Up</u>		6:15PM-6:45PM		12:10PM-12:50PM			
Strength - Gentle Fit Studio - Northside Sign Up		10:30AM-11:20AM					
Strength Studio - Northside Sign Up		6:45PM-7:15PM	4:30PM-5:20PM				
Stretch and Mobility Studio - Northside Sign Up				10:30AM-11:20AM			
Yoga - Sculpt Studio - Northside Sign Up				6:15PM-7:05PM			
Yoga Studio - Northside <u>Sign Up</u>			12:10PM-12:50PM				



Patterson YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Patterson YMCA Child Care Patterson YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Patterson YMCA Child Care Patterson YMCA Child Care Sign Up	12:00AM-1:00AM						



Riverbend YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Riverbend YMCA Child Care Riverbend YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Riverbend YMCA Child Care Riverbend YMCA Child Care Sign Up	12:00AM-1:00AM						



Riverstone YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Riverstone YMCA Child Care Riverstone YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Riverstone YMCA Child Care Riverstone YMCA Child Care Sign Up	12:00AM-1:00AM						



Roberta MacAdams YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Roberta MacAdams YMCA Child Care Roberta MacAdams YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Roberta MacAdams YMCA Child Care Roberta MacAdams YMCA Child Care Sign Up	12:00AM-1:00AM						



Shirley Stollery YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Shirley Stollery YMCA Child Care Shirley Stollery YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Shirley Stollery YMCA Child Care Shirley Stollery YMCA Child Care Sign Up	12:00AM-1:00AM						



Soraya Hafez YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Soraya Hafez YMCA Child Care Soraya Hafez YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Soraya Hafez YMCA Child Care Soraya Hafez YMCA Child Care Sign Up	12:00AM-1:00AM						



St. Gerard YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for St. Gerard YMCA Child Care St. Gerard YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to St. Gerard YMCA Child Care St. Gerard YMCA Child Care Sign Up	12:00AM-1:00AM						



St. Kateri YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for St. Kateri YMCA Child Care (Edmonton) St. Kateri YMCA Child Care (Edmonton) Sign Up	12:00AM-1:00AM						
New Registration for St. Kateri YMCA Child Care (Grande Prairie) St. Kateri YMCA Child Care (Grande Prairie) Sign Up	12:00AM-1:00AM						
Transfer to St. Kateri YMCA Child Care (Edmonton) St. Kateri YMCA Child Care (Edmonton) Sign Up	12:00AM-1:00AM						
Transfer to St. Kateri YMCA Child Care (Grande Prairie) St. Kateri YMCA Child Care (Grande Prairie) Sign Up	12:00AM-1:00AM						



St. Mary YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for St. Mary YMCA Child Care St. Mary YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to St. Mary YMCA Child Care St. Mary YMCA Child Care Sign Up	12:00AM-1:00AM						



St. Monica YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for St. Monica YMCA Child Care St. Monica YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to St. Monica YMCA Child Care St. Monica YMCA Child Care Sign Up	12:00AM-1:00AM						



Terwillegar YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Terwillegar YMCA Child Care Terwillegar YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Terwillegar YMCA Child Care Terwillegar YMCA Child Care Sign Up	12:00AM-1:00AM						



Thickwood Heights YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Thickwood YMCA Child Care Thickwood YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Thickwood YMCA Child Care Thickwood YMCA Child Care Sign Up	12:00AM-1:00AM						



Timberlea YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Timberlea YMCA Child Care Timberlea YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Timberlea YMCA Child Care Timberlea YMCA Child Care Sign Up	12:00AM-1:00AM						



Twin Brooks YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Twin Brooks YMCA Child Care Twin Brooks YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Twin Brooks YMCA Child Care Twin Brooks YMCA Child Care Sign Up	12:00AM-1:00AM						



Westglen YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Westglen Early Years YMCA Child Care Westglen YMCA Early Years Child Care Sign Up	12:00AM-1:00AM						
New Registration for Westglen YMCA Before and After School Child Care Westglen YMCA Before and After School Child Care Sign Up	12:00AM-1:00AM						
Transfer to Westglen Early Years YMCA Child Care Westglen YMCA Early Years Child Care Sign Up	12:00AM-1:00AM						
Transfer to Westglen YMCA Before and After School Child Care Westglen YMCA Before and After School Child Care Sign Up	12:00AM-1:00AM						



Westview YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Westview YMCA Child Care Westview YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Westview YMCA Child Care Westview YMCA Child Care Sign Up	12:00AM-1:00AM						



William Lutsky Family YMCA | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Aquafit - Aqua Zumba Main Pool - William Lutsky Sign Up			8:10PM-8:55PM				
Aquafit - Deep Main Pool - William Lutsky Sign Up		8:00AM-8:45AM 12:15PM-1:00PM	9:00AM-9:45AM	8:00AM-8:45AM 12:15PM-1:00PM	9:00AM-9:45AM		
Aquafit - Shallow Main Pool - William Lutsky Sign Up		8:00AM-8:45AM 9:00AM-9:45AM 12:15PM-1:00PM	9:00AM-9:45AM	8:00AM-8:45AM 12:15PM-1:00PM	9:00AM-9:45AM		
Aquafit - Warm Water Teach Pool - William Lutsky Sign Up					10:00AM-10:45AM		
Aquafit Potluck Karaoke Studio 2 - William Lutsky Sign Up			10:00AM-12:00PM				
Barre Multi-Purpose Room - William Lutsky Sign Up			10:15AM-11:00AM 6:00PM-6:45PM				
Bootcamp Gymnasium - William Lutsky Sign Up		6:00AM-6:45AM				9:00AM-9:55AM	
Bridge to Wellness (Level I) Multi-Purpose Room - William Lutsky Sign Up		11:10AM-12:05PM		11:10AM-12:05PM			
Cardio Dance - Zumba Gymnasium - William Lutsky Sign Up		7:05PM-8:00PM	10:05AM-11:00AM 7:05PM-8:00PM		10:05AM-11:00AM	10:05AM-11:00AM	
Cardio Dance - Zumba Multi-Purpose Room - William Lutsky Sign Up					7:05PM-8:00PM		10:05AM-11:00AM
Cardio and Strength - Synrgy360 Fitness Centre - William Lutsky Sign Up		10:05AM-10:50AM	6:00PM-6:45PM	9:00AM-9:45AM 7:00PM-7:45PM	5:00PM-5:55PM		9:00AM-9:45AM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Cardio and Strength Gymnasium - William Lutsky Sign Up			9:00AM-9:55AM				
Childminding - Evening Classroom (Childminding) -		4:30PM-5:30PM	4:30PM-5:30PM	4:30PM-5:30PM			
William Lutsky		5:30PM-6:30PM	5:30PM-6:30PM	5:30PM-6:30PM			
Sign Up		6:30PM-7:30PM	6:30PM-7:30PM	6:30PM-7:30PM			
		7:30PM-8:00PM	7:30PM-8:00PM	7:30PM-8:00PM			
Childminding - Morning		9:00AM-10:00AM	9:00AM-10:00AM	9:00AM-10:00AM	9:00AM-10:00AM	9:00AM-10:00AM	
Classroom (Childminding) - William Lutsky		10:00AM-11:00AM	10:00AM-11:00AM	10:00AM-11:00AM	10:00AM-11:00AM	10:00AM-11:00AM	
Sign Up		11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	11:00AM-12:00PM	
Core Gymnasium - William Lutsky <u>Sign Up</u>		8:15AM-8:45AM			8:15AM-8:45AM		
Core Multi-Purpose Room - William Lutsky Sign Up							8:15AM-8:45AM
Core Studio 2 - William Lutsky Sign Up			11:10AM-11:50AM				
Cycle - Gentle Fitness Centre - William Lutsky Sign Up		9:00AM-9:45AM					
Cycle Fitness Centre - William		6:00PM-6:45PM	8:00AM-8:45AM	6:00AM-6:45AM	9:00AM-9:55AM		
Lutsky Sign Up			12:15PM-1:00PM	6:00PM-6:55PM			
Apprentics %uFFFD Apprentice class Multi-Purpose Room - William Lutsky Sign Up			11:10AM-12:05PM				
HIIT (High Intensity Interval Training) Gymnasium - William Lutsky Sign Up				9:00AM-9:55AM		8:00AM-8:45AM	
HIIT (High Intensity Interval Training) Studio 2 - William Lutsky Sign Up					6:00PM-6:55PM		

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Kids' Club (6-12yrs) Studio 1 - William Lutsky						9:00AM-10:00AM	
Sign Up						10:00AM-11:00AM	
						11:00AM-12:00PM	
Step Gymnasium - William Lutsky Sign Up		9:00AM-9:55AM					
Strength - Gentle Fit Gymnasium - William Lutsky Sign Up		10:05AM-11:00AM		10:05AM-11:00AM			
Strength - LIFT Gymnasium - William Lutsky Sign Up		6:00PM-6:55PM					
Strength - TRX Gymnasium - William Lutsky Sign Up				11:10AM-11:55AM			
Strength Gymnasium - William Lutsky Sign Up					9:00AM-9:55AM		
Stretch and Mobility Studio 2 - William Lutsky Sign Up				8:10PM-8:55PM	12:15PM-1:00PM		
Tai Chi Multi-Purpose Room - William Lutsky Sign Up		7:05PM-8:00PM					
Yoga - Chair Multi-Purpose Room - William Lutsky Sign Up		9:00AM-9:55AM		9:00AM-9:55AM	11:10AM-12:05PM		
Yoga - Restorative Multi-Purpose Room - William Lutsky Sign Up						11:10AM-12:05PM	
Yoga - Sculpt Studio 2 - William Lutsky Sign Up			12:00PM-12:55PM				
Yoga Multi-Purpose Room - William		10:05AM-11:00AM	7:45AM-8:45AM	10:05AM-11:00AM	10:05AM-11:00AM	10:05AM-11:00AM	11:10AM-12:05PM
Lutsky Registration Closed		5:00PM-5:55PM	9:00AM-9:55AM				
negistration Closed			7:00PM-7:55PM				



William Lutsky YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for William Lutsky YMCA Child Care William Lutsky YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to William Lutsky YMCA Child Care William Lutsky YMCA Child Care Sign Up	12:00AM-1:00AM						



École Dickinsfield YMCA Child Care | May 12th - May 18th

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
New Registration for Ecole Dickinsfield YMCA Child Care Ecole Dickinsfield YMCA Child Care Sign Up	12:00AM-1:00AM						
Transfer to Ecole Dickinsfield YMCA Child Care Ecole Dickinsfield YMCA Child Care Sign Up	12:00AM-1:00AM						