

2024

IMPACT REPORT





Tim Haak

Chair

YMCA of Northern Alberta Foundation



Nick Parkinson

President & CEO

YMCA of Northern Alberta

A message from the President & CEO and Board Chair

In a September Angus Reid survey, a staggering 6 out of every 10 Canadians reported feeling disconnected from their community, with young people being the most impacted by loneliness and isolation. The survey results, while troubling, come as no surprise to our YMCA.

In the same survey, those who did report a strong sense of connection identified a key factor contributing to their sense of belonging — engaging in activities which foster community involvement outside of their home, work or school.

This year, the Y has committed to finding new and innovative ways to ignite potential and meet the needs of those we serve. Our vision is to create thriving communities where everyone belongs and can shine, regardless of their age, ability, identity or status. We've taken great strides toward realizing our vision.

From swimming lessons to summer camps, our Health, Fitness & Aquatics Centres are vital hubs of connection where more than 21,000 members can pursue lifelong wellbeing.

Every day of the week, more than 2,600 children and youth attend 57 YMCA Child Care locations across northern Alberta. At the Y, they learn critical skills for future success in an environment that sparks imagination and ignites a lifelong passion for learning and play.

Our 36 YMCA Community programs help children, youth, adults and families overcome barriers in the areas of mental health, employment, wellness, housing and newcomer settlement.

In a time when most of us feel alone and isolated, the YMCA offers programs to ensure everyone feels connected and supported.

Without our Foundation Board, volunteers and Heritage Club members (past, present and future donors), the Y wouldn't be able to support thousands of Albertans on their journey toward healthy, resilient lives.

Thanks to *you*, people in your community can find connection and well-being.

Thanks to *you*, children and youth can develop resilience and feel ready for the future.

Thanks to *you*, newcomers can find belonging in their new home.

Thanks to *you*, our employees and volunteers can feel empowered to create spaces that ignite potential.

This year, you have helped thousands of children, youth, families and community members shine at the YMCA.

Thank you.



AYMAN'S STORY

Finding Belonging

"I was six when I moved here. It was a big adjustment," Ayman Goolam Hossen says. "I had no friends. School was hard. We didn't speak English very well."

Ayman's family immigrated to Canada from the island of Mauritius, and while they found themselves in a new home with new challenges, they also discovered an open door at the Y.

Thanks to donations, no one is denied membership due to an inability to pay. His approval for a discounted membership was the first of many lifelong impacts the Y would have on Ayman.

"I used to go to the Y on weekends," he says. "It gave me a place to go play basketball." At the Y, the barriers Ayman faced were gone. Instead, he found true belonging and a community of support. "At the Y, they didn't care if you could speak... they just cared if you could hoop!"

When he reflects on his childhood, Ayman feels an overwhelming sense of gratitude — not just for his experiences at the YMCA, but also for the care he received in the medical system.

"I was sick when I was a kid," Ayman says. "I had to be in and out of the hospital quite a bit." Between overnight stays in the hospital and frequent checkups throughout his childhood, Ayman saw the inside of the healthcare system in a way many people don't.

While Ayman's experience in hospital would influence his future career, the relationships

he made at the Y would prove to be foundational as he grew into a young man.

At 12, Ayman started volunteering at the Y. After he turned 18, he was approached with a job offer. "There was an assistant manager," Ayman remembers. "He asked me if I wanted to start working."

Ayman took the job as a YMCA Experience Associate for the unique leadership opportunities the position offered. After just 6 months, he was promoted to Duty Manager, and while his new job presented new challenges, Ayman gives a lot of credit to his own manager.

Ayman recalls his first time dealing with an incident as manager. "I handled it the best I could... or so I thought," he laughs. "The next day, I talked about it with my assistant manager, and he was really supportive. He showed me there were ways to improve. That really stuck with me... it made me better."

"He was my mentor."

Soon, the time came for Ayman to pursue post-secondary studies. "I didn't really know what I wanted to do," he says. But after some reflection on his earlier years, Ayman realized that he was passionate about healthcare. "Helping people," he says. "I wanted to see people get better."

Ayman continued working at the Y while studying to become a Registered Nurse. When he heard about the YMCA of Northern Alberta Foundation Grants, Ayman applied with the help of another manager.

"My manager, Denise, helped answer questions about the application," Ayman says. "She was a mentor to me while I developed my leadership skills."

A few weeks later, Ayman was awarded the Bennett W. Clarke Memorial Leadership Grant.

"It felt really good," he relates. "I've never won an award like that before."

"I felt a sense of accomplishment. I achieved this."

Ayman also felt an overwhelming sense of gratitude. "I realized that if it wasn't for the YMCA, that wouldn't have happened."

Now, Ayman works as a Surgery Nurse. Like his promotion to Duty Manager at the Y, his new career took a lot of getting used to. "It's a big adjustment," Ayman admits, "but there's a mentorship program at my work. Mentorship really helps me out."



The story for Ayman has, so far, come full circle, though he admits that he was slow to recognize the ways the Y has made a difference in his life.

"I didn't fully understand the impact the Y has." He laughs, "I should have, of course! When I started working, I saw families who reminded me of myself when I was

younger — a new immigrant, a kid with language barriers."

Now, Ayman helps ignite the potential in children and families in his community, both as a Nurse, and as a Duty Manager at the Y.

Ayman believes the greatest thing the Y offers is opportunity. "The Y is a place where people with different cultures and values can be together and have an active lifestyle."

"The Y gives them that chance — gives everybody that chance."

As he reflects on his experiences as a new Canadian, a kid in hospital and a young man who benefited from YMCA mentors, Ayman understands the true impact the Y has had on his life.

"I don't know what I would have done," he says, considering what his life would have been like without the Y. "I would have been a totally different person."

Now, Ayman encourages the next generation to volunteer and find belonging at the YMCA.

"People always say the Y is a lifelong community. When I think back on it, I realize that's exactly what it is. I still have the same friends from 10 years ago." Ayman smiles. "We play basketball every Saturday."

"It really is lifelong."

YMCA of Northern Alberta Foundation

YMCA of Northern Alberta Foundation is governed by its members acting collectively in the manner of a Board. These dedicated members are responsible for ensuring the long-term growth of the YMCA's endowment funds by working with donors to realize their vision for the future, encouraging new endowment gifts and, with the support from our experienced Investment Advisory Committee, ensuring the prudent investment of the portfolio of funds.

We appreciate all the dedicated members of the YMCA of Northern Alberta Foundation and the Investment Advisory Committee who steward the funds entrusted to our care, helping to grow the endowment through new, current and future gifts.

YMCA of Northern Alberta Foundation – Governance

Tim Haak, Chair	Doug Cronk*	Deborah McKinnon
Rahim Adatia	Michael Donlevy	Scot McLeod*
Joan Baker	Robyn Eeson	Tim Melton*
Rajan Bhatti	Alexandria Fisher	Nick Parkinson
Brent Buchanan	Bob McColl	Jean-Jacques Tremblay

**Term ended prior to publication*

Investment Advisory Committee

Brent Buchanan, Chair	Nick Parkinson
Doug Cronk	Bob McColl
Ron Liteplo*	Kent Winterfield

**Term ended prior to publication*

The Power of Endowment

Endowment giving has the power to inspire and create transformational change. It will make an impact for generations to come... into perpetuity. In just 15 years, a fund that started with a gift of \$21,500 has now disbursed \$18,791 to support YMCA of Northern Alberta programs and has a current balance of \$33,064.

Heritage Club Members

The Heritage Club was established to honour and celebrate the generous individuals who are currently supporting or have pledged future gifts to the YMCA of Northern Alberta Foundation.

All contributions to the Foundation are directed into an endowment fund, where the principal is invested. A portion of the annual investment income supports YMCA of Northern Alberta activities, while the remaining income is reinvested to ensure sustained growth. This ongoing growth allows the fund to expand over time, leading to increased disbursements each year, indefinitely.

This year we are proud to acknowledge and induct Tanya Schulz White into the Heritage Club.

We also extend our gratitude to Lynette Husum, Roger Delbaere and Bonnie Mihalchan for creating funds in addition to their established Foundation commitments.

In addition, we want to celebrate and recognize Colin Hatcher and his fund, the Colin & Betty Ann Hatcher Fund, which was created this year with his generous planned estate gift.

Giving the Gift of a Lifetime by Planning Today

By planning now, you're not just contributing to the present—you're making sure your generosity and spirit keep making a difference in the community you love.

Planned gifts can take many forms to fit your unique situation, preferences and

family needs. Whether through a gift in your Will, cash, life insurance, registered accounts, or securities, your contribution will ensure that the positive changes you've supported in your lifetime continues to make an impact, spanning generations.



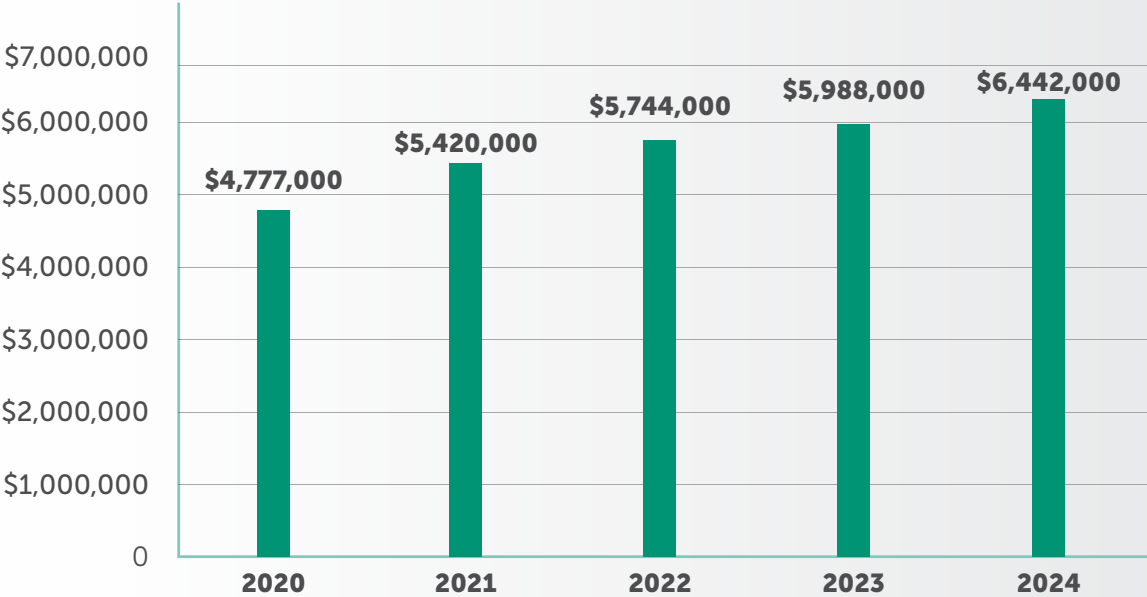
To ask questions or share your wishes, you can call, text or email:

Laura Svajlenko
Planned Giving Specialist
e: laura.svajlenko@ymcanab.ca
p: 780.499.3627

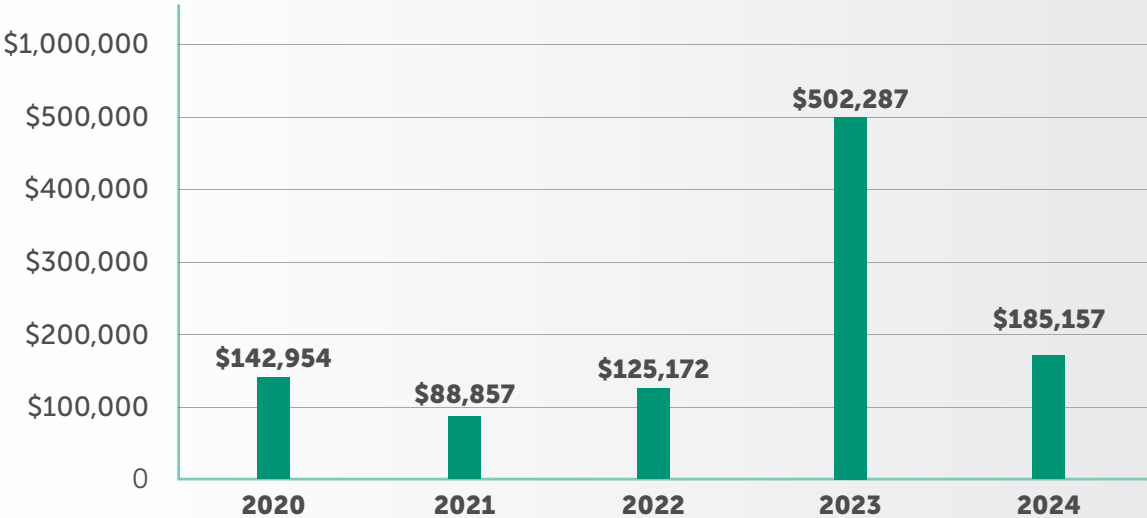
Financial Highlights

For the year ended March 31, 2024

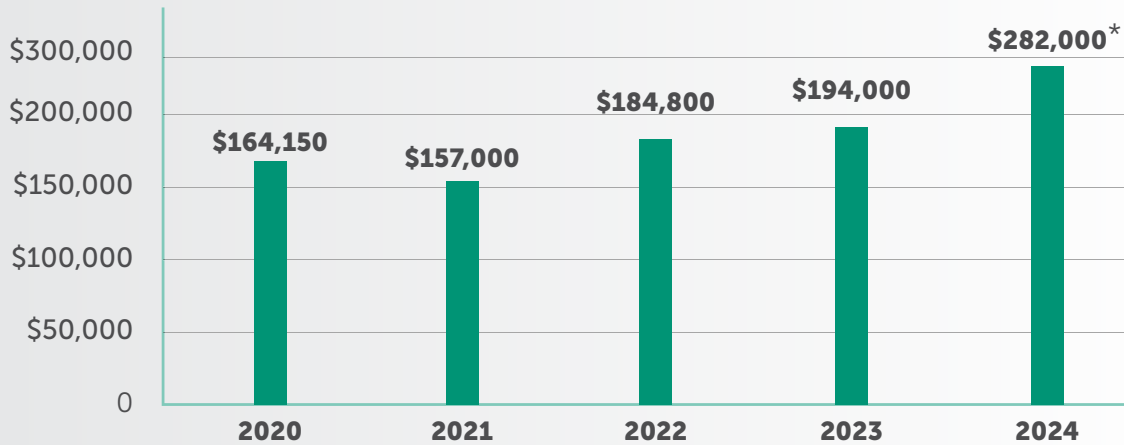
INVESTMENT ASSETS



DONOR CONTRIBUTIONS



PROGRAM FUNDING DISTRIBUTION



*This amount reflects the new CRA-mandated increase in disbursement quota requirement to 3.5% on the first million and 5% on any funds over \$1 million.

Return on Investment

1-year rate of return on pooled investments 8.8% (2023 – 2.6%)



For a copy of the audited financial statements, visit ymcanab.ca/publications. If you have questions or comments about any of the information provided in the 2024 Impact Report, please contact the Fund Development team by emailing Laura.Svajlenko@ymcanab.ca.

YMCA of Northern Alberta Foundation Grants

YMCA staff and volunteers are true leaders, making a positive difference in their communities every single day. Through YMCA of Northern Alberta Foundation grants, they have the chance to enhance their skills, grow personally and professionally, and amplify their impact at the Y. These grants, starting at \$1,000, are designed to support these dedicated individuals on their journey, empowering them to help our community shine.

N. Allen Maydonik Leadership Grant

This grant was established in honor of N. Allen Maydonik, a former YMCA Board member deeply moved by his 1994 visit to YMCA Bogota, a partner of YMCA of Northern Alberta. Sadly, Allen passed away in 2010. In acknowledgment of the profound impact the trip had on Allen, his wife Bette-Anne established this leadership grant in his memory.

Bennett W. Clarke Memorial Scholarship Grant

This grant was established in 1987 by Muriel A. Clarke in memory of her brother, Flight Lieutenant Bennett Clarke. Bennett, a dedicated volunteer with the YMCA, served as a pilot during World War II and tragically lost his life in action in 1944.

Cecil & Helen Paull Leadership Grant

As a deeply committed member of the YMCA family, Cecil had over 80 years of dedicated membership. He was also a donor, a volunteer fundraiser and fitness instructor—the very embodiment of a YMCA ambassador. He and Helen, who served on the YMCA Board of Directors, established this grant

to foster the development of YMCA staff and volunteers. Cecil and Helen's enduring affection and cherished memories of the Y are reflected in this initiative, honouring those who have made, and continue to make, a positive impact on our communities.

Del Dilkie Leadership Grant

This grant was established by Del Dilkie, a dedicated supporter and passionate ambassador of the YMCA. Del champions the principle of lifelong learning and firmly believes in continuous growth and development at any age. Del is particularly committed to nurturing leadership qualities, skills and competencies among children and youth in YMCA programs through arts and recreation.

Edwin S. Cook Leadership Grant

Ed was deeply passionate about the YMCA, his local community, and especially about creating opportunities for youth to achieve their full potential. He served as the YMCA of Northern Alberta's Board Chair for many years and was one of the founding members of the Heritage Club, demonstrating his long-term commitment as a volunteer, member and donor. This grant was established and

endowed by Ed's friends and family in honor of his dedication and legacy.

Franco & Barbara Savoia Star-Builder Leadership Grant

This leadership grant was established to celebrate and honour past President & CEO Franco Savoia and his late wife, Barbara. Franco devoted an exceptional 43 years of service to the YMCA, culminating in his role as President & CEO of YMCA of Northern Alberta.

Grant & Irene Duncan Strong Kids Leadership Grant

Grant and Irene were dedicated supporters of the YMCA. They deeply understood that fostering leadership development within the YMCA aligns with its core vision of nurturing

strong kids, healthy families and thriving communities. Sadly, both Grant and Irene passed away in 2020. They envisioned this grant to enhance individuals' leadership qualities and skills, furthering the YMCA's mission to empower strong kids.

Ivor & Mieke Lammerink Leadership Grant

Ivor Lammerink has been a member of the YMCA for more than 35 years. His extensive involvement as a member, donor and volunteer reflects his deep appreciation for fostering and cultivating strong leaders within our YMCA communities. This leadership grant was established to foster strong leaders in the YMCA as volunteers.





CONGRATULATIONS

to this year's recipients!

N. Allen Maydonik Leadership Grant

Olive Dorothy Maina

Bennett W. Clarke Memorial Scholarship Grant

Scott Chambers, Mandy Ford, Noah Martin

Cecil & Helen Paull Leadership Grant

Felicity Mears

Del Dilkie Leadership Grant

Mason Muiselaar

Edwin S. Cook Leadership Grant

Dominic Bourguignon

**Franco & Barbara Savoia Star-Builder
Leadership Grant**

Debbie Sonego

**Grant & Irene Duncan Strong Kids
Leadership Grant**

Allison O'Grady

Ivor & Mieke Lammerink Leadership Grant

Amanda Marshall

Foundation Directed Funds Annual disbursements are determined by the members who govern the YMCA of Northern Alberta Foundation following recommendations made by YMCA management.

1907–2007 Centennial Trust	Len Dolgoy & Catherine Miller Trust Fund
Archie M. Langille Trust Fund	Scot McLeod Family Fund
Bill Rees Memorial Fund	Tim Melton Family Fund
Colin & Betty Ann Hatcher Fund	Menegozzo Family Fund
Future Fund <i>(previously known as Healthy Communities Fund)</i>	William Lutsky Trust Fund & Land Fund
Irwin Family Fund	William Weir Memorial Fund
J.J. & Mary-Anne Tremblay Family Fund	

Donor Directed Funds Annual disbursements are designated by donors to support YMCA programs.

Amerongen Fund	Michael Zolf Trust Fund
Bull Family Fund	Patricia Ellen (Pattey) Ready Memorial Fund
Eldon & Phyllis Fowler Fund	PD Fund
Herbert Family Fund	Phyllis Amerongen Memorial Fund
International Development Fund	Rebecca Suen Fund for the Homeless
Investing in Youth Fund	Robert J. Turnbull Trust Fund
Jill Zimmerman Memorial Fund	Sam Gabriel Trust Fund
Lammerink Family Fund	Wilfred Oliver (Mac) McLean Trust Fund
Larry Pollock Youth Recreation Fund	Winnie Kwok Memorial Fund
Literacy Endowment Fund	Youth & Community Endowment Fund Jean-Louis Cloutier
Matthew Peddle Memorial Fund for Children with Disabilities	

2024 Grants

Bennett W. Clarke Memorial Scholarship Fund	Grant & Irene Duncan Family Fund
Cecil & Helen Paull Scholarship Fund	Ivor & Mieke Lammerink YMCA Leadership Grant
Del Dilkie Leadership Fund	Lynette Husum & Roger Delbaere Leadership Grant*
Edwin S. Cook Leadership Fund	N. Allen Maydonik Trust Fund
Franco & Barbara Savoia Star-Builder Scholarship Fund	<i>*This grant will not be disbursed until 2025</i>

Emerging Funds Funds are established with a cash gift and a commitment to grow the fund (minimum \$10,000) to support YMCA programs based on the donor's intentions.

Bonnie Mihalchan Fitness Leadership Grant	Schmitt Family Fund
David Nathan Kushner Memorial Fund	Tori & Asim Chin Family Fund
John Corlett & Beverley Boudreau Fund	

Thank you, Heritage Club Members!

Allard Foundation Ltd*	Fred Delay°	Terry & Charlene Kilburn*	Peter & Sieka Pardee*
Margaret Allen*	Jeff DiBattista	Gord° & June° King*	Nick & Jodi Parkinson
Charles & Lara Amerongen	Del Dilkie	Glenna & Quinn Klaver	Toddy & Anne Parkinson
Martin* & Angela	Patrick Dinneen	Mitch Klimove°	Helen° & Cecil° Paull*
Anderson	Edie Dixon	John & Valerie Kok	Phil & Barb Payne
Dianne & Mike Assaly	Fred° & Norah Dobing	David Kushner° Family*	Larry & Joanne Pollock
Stan° & Mary° Asselstine*	Len Dolgoy & Catherine	Winnie Kwok°	Helen Ready°
Joan & Monty Baker	Miller	Philip Lachambre & Cathy	Art° & Mildred° Reddon
Shirley & Tim Barry	John° & Una° Doyle	MacDonald	Bill Rees°*
Ivan & Anita Beljan	Robert L. Duke &	Ivor & Mieke Lammerink	Dwayne & Salwa Samycia
Carol Benoit	Charlotte Robb	Archie° & Heather° Langille	Franco & Barbara° Savoia
Dave & Nish Bentley	Grant° & Irene° Duncan	Joanne LaVergne	Robert C. Schaller°
Bob & Ruth Bentley	N. Allen Maydonik° &	Harvey & Rose Anne	Joleen & Allen Schmitt
Brian Beresh	Bette-Anne (Maydonik)	Lawton	John & Jacqueline
Lorna & Louis°	Edwards	Dean Cross & Holly	Scivoletto
Berlinguette	Pat Eidem°	Lazar-Cross	Dan° & Mary Slaght
Reg D.* & Glenys Berry	Herb° & Jeanette° Ellis	John Lilley & Eileen	Donald R.° & Mona° Smith
Marek & Jolanta Biel	Joan & Jim° Fargey	Guilfoyle*	Court & Sandra Smith*
Kent & Jane Bittorf	Robert J.° & Anna K. Fee	Allan & Donna Little	Wylie & Lesley Stafford*
Laurie Boadway	Gerry & Carol Feist	Aart & Judy Looye	Bill & Mary Jane° Stewart
Rick & Debbie Boyd	Grant° & Irene° Ford	Audrey Luft*	George W. Strange°
Janet Brown	Phyllis° & Eldon° Fowler	William Lutsky°*	Bob Tatz
Ron Brown* & Judy	Janet Giles* & Paul Fry°*	Pat MacDonald°	Mary Thomas
Harcourt	Jan & Tim Haak	Jan & David McAmmond	Jean-Jacques &
Michael & Michelle Bull	Susan & Brian Hall	Ruth & Grant McIntyre	Mary-Anne Tremblay
William K. Butler*	Jim Hardy°	Irvine & Faye McKee	Janet & Jerry Tryhuba
Jack° & Sylvia° Chetner	Colin Hatcher°	Scot McLeod	Ron Tucker°*
Tori & Asim Chin	Gord & Joanne Hearn	Rod° & Heleen McLeod	Robert J. Turnbull°
Roy Chobotuck°	Jeremy & Liz Herbert	Frank° & Gail McMillan*	Robert J. & Dawn Turner*
Muriel A. Clarke°	Dr. Albert E. (Bert) Hohol°	Angel McVittie	Eric & Aimee Van Meurs
John-Louis & Vivian	Ada Hole°	Tim Melton*	Allan & Elizabeth
Cloutier	Lynette Husum & Roger	Ruth & Brian Menegozzo	Wachowich
Ed° & Pat° Cook	Delbaere	Greg Michetti	Carol & Greg Wagar
John Corlett & Beverley	Jeremy & Willow Irwin	Bonnie Mihalchan	Bill° & Betty Lou Weir*
Boudreau	Larry & Kathleen	Shauna Miller	Wanda Wetterberg°
Ron & Brenda Coulombe*	Johnston*	Jack & Marilyn Mulkins*	Tanya Schulz White
Douglas S. Cronk	Terry & Karin Johnson	Mary Anne Murphy°	Irene Wood
Jean Crozier & Ron	Doug Jones°	Mike & Bernice Myshak	Donna & Ron Worthington
McKague°	Gary & Joanne Jones	Charlie & Sue Nunn	Leona & Don Yez
Sandi Darrell	Allan & Sharon Kerr*	Esther Ondrack*	Michael Zolf°

(°Deceased, *Charter Members)

Every effort has been made to ensure the accuracy of the listed names. If any errors have occurred, please accept our sincere apologies and notify Laura Svajlenko at laura.svajlenko@ymcanab.ca and we will correct them online and in future recognition opportunities.

In Honour

We honour the memory of our Heritage Club members who have gone before us. They have sparked the potential for our community to move towards a bright future. We appreciate their commitment and contributions to the YMCA by continuing to build a robust endowment fund that helps people shine today and in the future.



Shine On



YMCA of Northern Alberta Foundation
Charitable Registration 89061 5974 RR0001
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