

Jamie Platz Family YMCA Aquatics Schedule

Spring Break 2025
March 24-30th

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY							
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach					
5:30 AM	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	Lane Swim - 5 Lanes	Family Swim	Aquafit Shallow	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	Lane Swim - 5 Lanes	Family Swim	Shallow 1.2m	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep					
6:00 AM																				
7:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep						Aquafit Shallow	Aquafit Deep				
8:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep						Aquafit Shallow	Aquafit Deep				
9:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep						Aquafit Shallow	Aquafit Deep				
10:00 AM	Lane Swim - 3 Lanes	Family Swim	Deep 2.1m	Lane Swim - 3 Lanes	Family Swim	Shallow 1.2m	Lane Swim - 3 Lanes	Family Swim	Deep 2.1m	Lane Swim - 3 Lanes	Family Swim	Shallow 1.2m	Lane Swim - 3 Lanes	Family Swim	Deep 2.1m					
11:00 AM																				
12:00 PM																				
1:00 PM																				
2:00 PM																				
3:00 PM	Day Camp Swim			Day Camp Swim			Day Camp Swim			Day Camp Swim			Day Camp Swim							
4:00 PM	Lane Swim - 1 Lane	Bronze Cross	Family & Public Swim	Lane Swim - 1 Lane	Bronze Cross	Family & Public Swim	Lane Swim - 1 Lane	Bronze Cross	Family & Public Swim	Lane Swim - 1 Lane	Bronze Cross	Family & Public Swim	Lane Swim - 1 Lane	Bronze Cross	Family & Public Swim					
5:00 PM																				
6:00 PM				Aquafit Shallow				Aquafit Shallow					Aquafit Shallow				Aquafit Shallow			
7:00 PM				Aquafit Shallow				Aquafit Shallow					Aquafit Shallow				Aquafit Shallow			
8:00 PM	Lane Swim - 3 Lanes			Aquafit Shallow	Lane Swim - 3 Lanes			Aquafit Shallow		Lane Swim - 3 Lanes			Aquafit Shallow	Lane Swim - 3 Lanes			Aqua Zumba	Lane Swim - 3 Lanes		Aqua Zumba
9:00 PM	Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim							
	Closed			Closed			Closed			Closed			Closed							

	SATURDAY			SUNDAY								
	Main	Lagoon	Teach	Main	Lagoon	Teach						
7:00 AM	Lane Swim - 5 Lanes	Family Swim	Deep 2.1m	Lane Swim - 5 Lanes	Family Swim	Deep 2.1m	7:00 AM					
8:00 AM			Aquafit Deep			Aquafit Deep	8:00 AM					
9:00 AM							9:00 AM					
10:00 AM							10:00 AM					
11:00 AM							11:00 AM					
12:00 PM							12:00 PM					
1:00 PM	Lane Swim - 3 Lanes	Family & Public Swim	Family Swim	Lane Swim - 3 Lanes	Family & Public Swim	Family Swim	1:00 PM					
2:00 PM												2:00 PM
3:00 PM												3:00 PM
4:00 PM												4:00 PM
5:00 PM												5:00 PM
6:00 PM							6:00 PM					
7:00 PM							7:00 PM					
8:00 PM							8:00 PM					
	Closed			Closed								

Jamie Platz Family YMCA Aquatics Schedule

Spring 2025
March 31–June 15

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY				
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach		
5:30 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep						Aquafit Deep								
6:00 AM																							
7:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep						Aquafit Deep								
8:00 AM	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes		Aquafit Shallow	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes		Aquafit Shallow	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes							
9:00 AM		Family Swim	Aquafit Deep		Family Swim	Aquafit Shallow		Family Swim	Aquafit Deep		Family Swim	Aquafit Shallow		Family Swim	Aquafit Shallow								
10:00 AM						Swim Lessons						Shallow 1.2m			Aquafit Shallow								
11:00 AM			Deep 2.1m						Deep 2.1m						Deep 2.1m								
12:00 PM												Bridge to Wellness Aqua											
1:00 PM			Family Swim			Bridge to Wellness Aqua			Family Swim						Family Swim								
2:00 PM	Lane Swim - 3 Lanes			Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Family Swim								
3:00 PM																							
4:00 PM			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim											
5:00 PM	Lane Swim - 1 Lane			Lane Swim - 1 Lane		Family Swim	Lane Swim - 1 Lane		Family Swim	Lane Swim - 1 Lane		Family Swim	Lane Swim - 1 Lane		JLC and Swim Club								
6:00 PM		JLC and Swim Club	Aquafit Shallow																				
7:00 PM			Aquafit Shallow			Swim Lessons			Swim Lessons			Swim Lessons											
8:00 PM	Lane Swim - 3 Lanes		Aquafit Shallow	Lane Swim - 3 Lanes		Aquafit Shallow	JSI		Aquafit Shallow	Lane Swim - 3 Lanes		Aqua Zumba	Lane Swim - 3 Lanes										
9:00 PM																							
	Closed			Closed			Closed			Closed			Closed			Closed			Closed				