## **Castle Downs Family YMCA**

## Pool Schedule / June 30th - August 24th

MONDAY		ΑY	TUESE	DAY	Y WEDNESDAY			THURSDAY		FRIDAY		SATURDAY		SUNDAY	
:00 AM	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	5:00
:00 AM															6:00
:00 AM				Member Swim	Lane Swim/Aqua Jog			Member Swim	Lane Swim/Aqua						7:00
:00 AM	Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog			Member Swim	Lane Swim/Aqua Jog			Member Swim	Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog	Member Swim	8:00
:UU AM		Hember Swiiii													8:00
:00 AM					Aquafit Deep/Shallow 9AM - 9:55AM				Aquafit Deep/Shallow 9AM - 9:55AM						9:00
D:00 AM	Aquafit Deep/Shallow 10AM - 10:55AM			True Blue Swim School				True Blue Swim School					Swimming Lessons True Blue	True Blue	10:00
1:00 AM	Day Camps		Day Camps	School	Day Camps	Day Camps	Day Camps	School	Day Camps	Day Camps					11:00
	Day Camps														11.00
NOON	Member Swim	Day Camps	Member Swim		Member Swim	Member Swim	Member Swim		Member Swim	Member Swim	Swimming Lessons	Swimming Lessons			NOO
:00 PM	a a a a a a a a a a a a a a a a a a a			Swim	E S			Swim	a a a a a a a a a a a a a a a a a a a			Swim	o di		1:00
::00 PM	Day Camps			Day Camps	Day Camps	Day Camps	Day Camps	Day Camps	Day Camps	Day Camps		Lane	000	<u> </u>	2:00
					Buy camps	Day camps	buy camps		Buy cumps	Day camps					1
:00 PM	Member Swim	Member Swim													3:00
:00 PM						Member Swim		Member Swim		Member Swim		Member and		Member and Public Swim	4:00
:00 PM											Public Swim	Public Swim			5:00
	True Blue Swim School	True Blue Swim School	True Blue Swim School	True Blue Swim School	YMCA Swim Lessons		YMCA Swim Lessons		YMCA Swim Lessons						1
:00 PM						YMCA Swim Lessons		YMCA Swim Lessons		YMCA Swim Lessons	Community	Community			6:00
:00 PM											League/Member and Public Swim	League/Member and Public Swim			7:00
:00 PM	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim					8:00
											Closing Pro	cedures	Closing Prod	cedures	
:00 PM	Closing Proce	dures	Closing Prod	redures	Closing Pro	redures	Closing Pro	ocedures	Closing Pro	ncedures					9:00
:00 PM	closing Froce	uuics	Closing From	ccuares	Closing From	cedures	closing FTC	occuures	closing Fro	rectures					10:0

\*Last Updated June 20th, 2025

## Hours of Operation

Monday to Friday: **6AM - 10PM** 

Saturdays & Sundays: 7AM - 9PM
Statutory Holidays (open on rotation): Canada Day, July 1st, 2025, closed|Civic Holidy, August 4th, 2025, open

11510 153 Ave NW Edmonton, AB T5X 6A3 (780) 476-YMCA (9622)