## Shine On

## **William Lutsky Family YMCA**

## Pool Schedule / Summer June 30 - August 24

	MONDAY			TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
5:00 AM	Main Pool		Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	5:00 AM
6:00 AM	Family Swim			Family Swim		Family swim		Family Swim		Family Swim		Triathlon Club				6:00 AM
7:00 AM	<b>Aquafit</b> 9–9:45am		Family Swim	Aquafit	Family Swim		Family Swim	Aquafit	Family Swim		Family Swim	Triathion Club	Family Swim	Family Swim	Family Swim	7:00 AM
8:00 AM				8-8:45am				8-8:45am				Family Swim				8:00 AM
9:00 AM				Family Swim		Aquafit 9-9:45am		Family Swim		Aquafit 9-9:45am						9:00 AM
10:00 AM	Day Camp Swim		Day Camp Swim	Day Camp Swim	Day Camp Swim	Day Camp Swim	Swimming Lessons	Day Camp Swim	Day Camp Swim	Day Camp Swim	Day Camp Swim	Swimming Lessons	Swimming Lessons	Swimming	Swimming	10:00 AM
11:00 AM													Family Swim	Lessons	Lessons	11:00 AM
NOON	Aquafit 12-12:45pm		Family Swim	<b>Aquafit</b> 12-12:45pm	Family Swim	Family Swim	Family Swim	Aquafit 12-12:45pm	Family Swim			Family Swim				NOON
1:00 PM	Day Camp Lessons and Swim		Day Camp Lessons and Swim	Day Camp Lessons and Swim	Day Camp Lessons and Swim	Day Camp Lessons and Swim	Day Camp Lessons and Swim	Day Camp Lessons and Swim	Day Camp Lessons and Swim			Swimming	Swimming		Lane Swim	1:00 PM
2:00 PM			Swiiii				J		J	Family Swim		Lessons	Lessons		٦	2:00 PM
3:00 PM	Family Swim	e Swim		Family Swim	Family Swim	Family Swim	Family Swim		Family Swim	1	MA					3:00 PM
4:00 PM		Lane								-	Family and Public Swim			Family and	Family and	4:00 PM
5:00 PM	Private and			Swimming	Swimming	Swimming	Swimming	Swimming Lessons	Swimming		Public Swim	Family and	Family and	Public Swim	Public Swim	5:00 PM
6:00 PM	Family Swim Lessons		Family Swim	Lessons	Lessons	Lessons	Lessons	Drop-in	Lessons			Public Swim	Public Swim			6:00 PM
7:00 PM								Family Swim		Family and Public Swim						7:00 PM
8:00 PM	Aquafit Shallow 8:10-8:55p			Family Swim	Family Swim	Aqua Zumba 8:10-8:45pm	Family Swim		Family Swim			Closing Procedures		Closing Procedures		8:00 PM
9:00 PM	Family Swim			rainiiy Swiin	rammy SWIM	Family Swim	railiny swiffi									9:00 PM
10:00 PM	Closing Producted June 5th 20		res	Closing Procedures Closing Procedures				Closing Proce	edures	Closing Procedures						10:00 PM

<sup>\*</sup>Last Updated June 5th, 2025

## **Hours of Operation**

Monday to Friday: **5:30am - 10pm** Saturdays & Sundays: **7am - 9pm**  1975 111 Street Edmonton, AB T6J 7C6 (780) 439- **YMCA** (9622)