Shine On

Castle Downs Family YMCA

Fall Intercession Week 1 Pool Schedule / December 22 - December 28

	MONE	Υ	TUESD	DAY	WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY			
АМ	Main Pool		Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	5:00
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AM .	Lane Swim/Aqua Jog			Lane Swim/Aqua Jog		Lane Swim/Aqua Jog						Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog	Member Swim	n 7
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м			Swim	Aquafit Deep/Shallow 9AM - 9:55AM	Swim	Aquafit Deep/Shallow 9AM - 9:55AM	Swim									,
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*Last Updated Dec.18, 2025

Hours of Operation

Monday to Friday: **6AM - 10PM** Saturdays & Sundays: **7AM - 8PM**

Statutory Holidays (open on rotation): Christmas Eve, December 24, open 6am-4pm | Christmas Day & Boxing Day, December 25 & 26, Closed

11510 153 Ave NW Edmonton, AB T5X 6A3 (780) 476-**YMCA** (9622)