



Castle Downs Family YMCA

Fall Intercession Week 1 Pool Schedule / December 22 - December 28

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	
5:00 AM															5:00 AM
6:00 AM	Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog	Member Swim					Lane Swim/Aqua Jog	Member Swim	Lane Swim/Aqua Jog	Member Swim	6:00 AM
7:00 AM															
8:00 AM															
9:00 AM															
10:00 AM															
11:00 AM	Member Swim		Member Swim		Member Swim										11:00 AM
NOON							CLOSED	CLOSED			Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	NOON
1:00 PM															
2:00 PM															
3:00 PM															
4:00 PM															
5:00 PM	Member and Public Swim	Member and Public Swim	Member and Public Swim	Member and Public Swim	Closing Procedures		Closed			Community League/Member and Public Swim	Community League/Member and Public Swim			5:00 PM	
6:00 PM															
7:00 PM															
8:00 PM															
9:00 PM															
10:00 PM	Closing Procedures		Closing Procedures								Closing Procedures		Closing Procedures		10:00 PM

*Last Updated Dec.18, 2025

Hours of Operation

Monday to Friday: **6AM - 10PM**

Saturdays & Sundays: **7AM - 8PM**

Statutory Holidays (**open on rotation**): **Christmas Eve, December 24, open 6am-4pm | Christmas Day & Boxing Day, December 25 & 26, Closed**

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(780) 476-**YMCA** (9622)