



Don Wheaton Family YMCA

Pool Schedule / January 5th- March 21st 2026

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY			
	Main Pool		Teach Pool	Main Pool		Teach Pool	Main Pool		Teach Pool	Main Pool		Teach Pool	Main Pool		Teach Pool	Main Pool		Teach Pool	Main Pool		Teach Pool	
5:00 AM	Lane Swim 5 Lanes		Member Swim Deep 6.5ft	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim 5 Lanes		Member Swim Deep 6.5ft	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim/Aqua Jog		Member Swim Deep 6.5ft	Open at 7:00am		Open at 7:00am		5:00 AM		
6:00 AM																						
7:00 AM																						
8:00 AM																						
9:00 AM	Lane Swim 1 Lane	Aquafit 9:45-10:30am		Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim 1 Lane	Aquafit 9:45-10:30am		Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim/Aqua Jog		Member Swim Deep 6.5ft	YMCA Swimming Lessons 9:00am - 12:05		True Blue Swim School 9:00am - 1:00pm		9:00 AM		
10:00 AM																						
11:00 AM																						
NOON																						
1:00 PM	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim 5 Lanes		Member Swim Shallow 3.5ft	Lane Swim/Aqua Jog		Member Swim Deep 6.5ft	Craft & Splash (CY program) 15:00- 16:00pm				1:00 PM		
2:00 PM																						
3:00 PM																						
4:00 PM																						
5:00 PM	Lane Swim 3 Lanes		YMCA Swim Lessons 4:30pm-8:00pm	Lane Swim 3 Lanes		Family and Public Swim	Lane Swim 3 Lanes		YMCA Swim Lessons 4:30pm-8:00pm	Lane Swim 3 Lanes		Family and Public Swim	Lane Swim 3 lanes		True Blue Swim School 3:30-7:30pm	Lane Swim 3 Lanes		Family and Public Swim	Junior Lifeguard Club 1:30-3:30pm		5:00 PM	
6:00 PM																						
7:00 PM																						
8:00 PM																						
	Close at 8:45pm			Close at 8:45pm			Close at 8:45pm			Close at 8:45pm			Close at 8:45pm			Close at 8:45pm		Close at 8:45pm		9:00 PM		

*Last Update Dec 23 2025

During all Family Swims the Teach Pool is set to 3.5ft

HOURS OF OPERATION

M- F: 5:30am-9pm | Sat-Sun: 7am-9pm

Statutory Holidays (open on rotation): February 16th, Family Day: Open 8-4pm