Jamie Platz Family YMCA Aquatics Schedule

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY		FRIDAY			
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach
5:30 AM	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	Lane Swim - 5 Lanes	Family Swim	Aquafit Shallow	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	CLOSED Christmas Day December 25th and New Year's Day January 1st			n Family Swim	Aquafit Deep	
6:00 AM			Aquafit			Shallow 1.2m			Aquafit					Aquafit	
7:00 AM 8:00 AM			Deep Aquafit			Aquafit Shallow			Deep Aquafit					Deep	
9:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep					Deep Aquafit Shallow	
10:00 AM			La			Shallow 1.2m			-			Lane Swim - 5 Lanes		Aquafit Shallow	
11:00 AM									Deep 2.1m		ED Christm				Deep
12:00 PM												tmas			2.1m
1:00 PM			Day Camp Swim			Day Camp Swim					s Day			Day Camp Swim	
2:00 PM			Family Swim			Family Swim			Family Swim		nuary 1st	t			Family Swim
3:00 PM	Lane Swim - 3 Lanes							Closed							es at 4pm
4:00 PM		Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		CLOSED EARLY at 4:00pm Christmas Eve December 24th and New Year's Eve				Lane Swim - 3 Lanes	on Boxing Day December 26th			
5:00 PM															
6:00 PM															
7:00 PM			Shallow		Aquafit Shallow		December 31st					Family & Public Swi			
9:00 PM		Zumba Family & Public Swim			Family & P	Public Swim									
9.00 FIN	Closed			Closed			Closed & Senior (65+) \$6.25 Child (2-12			Closed		Closed			

Intersession 2025 December 22-January 4

ер			SUNDAY				
	SATURDAY Main Lagoon Teach			Main			
	Main	Lagoon	Teach	Main	Lagoon	Teach	
afit ep			Deep 2.1m	Lane Swim - 5 Lanes	Family Swim	Deep 2.1m	7:00 AM
afit ep		Family Swim	Aquafit Deep			Family Swim	8:00 AM
afit low	Lane Swim - 5 Lanes		Family Swim				9:00 AM
afit low							10:00 AM
ep m							11:00 AM
							12:00 PM
amp im							1:00 PM
nily im							2:00 PM
pm ⁄ h	Lane Swim - 3 Lanes						3:00 PM
		Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		4:00 PM
							5:00 PM
wim							6:00 PM
							7:00 PM
		Closed			Closed		8:00 PM
			•				



Norther Alberta

Public Swim Pricing: Adults (18-64) \$7.25 | Youth (13-17) & Senior (65+) \$6.25 | Child (2-12) \$5.95 | Family (up to 6) \$17.75 | Children under 2 FRI
Pool access outside Public Swim times: Day Pass rate \$15.50 all ages