

Jamie Platz Family YMCA Aquatics Schedule

Spring 2026
April 6 - June 14

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY			SATURDAY			SUNDAY				
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach		
5:30 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep								
6:00 AM																							
7:00 AM			Aquafit Deep			Shallow 1.2m			Aquafit Deep			Shallow 1.2m			Aquafit Deep								
8:00 AM	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes		Aquafit Shallow	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes		Aquafit Shallow	Lane Swim - 5 Lanes		Aquafit Deep	Lane Swim - 5 Lanes		Lane Swim - 5 Lanes		Deep 2.1m	Lane Swim - 5 Lanes	Deep 2.1m	7:00 AM
9:00 AM		Family Swim	Aquafit Deep		Family Swim				Aquafit Deep		Family Swim	Aquafit Shallow			Aquafit Shallow								
10:00 AM																							
11:00 AM			Deep 2.1m			Swim Lessons			Deep 2.1m			Shallow 1.2m			Deep 2.1m								
12:00 PM												Bridge to Wellness Aqua											
1:00 PM		Family Swim										Family Swim											
2:00 PM	Lane Swim - 3 Lanes			Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Craft & Splash			Swim Lessons								
3:00 PM		Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			
4:00 PM		Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			
5:00 PM	Lane Swim - 1 Lane	JLC and Swim Club		Lane Swim - 1 Lane	Family Swim		Lane Swim - 1 Lane	Family Swim		Lane Swim - 1 Lane	Family Swim		Lane Swim - 1 Lane	JLC and Swim Club									
6:00 PM			Aquafit Shallow																				
7:00 PM			Aquafit Shallow		Swim Lessons			Swim Lessons			Swim Lessons												
8:00 PM	Lane Swim - 3 Lanes		Aqua Zumba	Lane Swim - 3 Lanes		Aquafit Shallow	JSI		Aquafit Shallow	Lane Swim - 3 Lanes													
9:00 PM		Family & Public Swim			Family Swim			Family Swim			Family Swim			Family Swim			Family Swim			Family Swim			
	Closed			Closed			Closed			Closed			Closed			Closed			Closed				

Public Swim Pricing: Adults (18-64) \$7.25 | Youth (13-17) & Senior (65+) \$6.25 | Child (2-12) \$5.95 | Family (up to 6) \$17.75 | Children under 2 FREE
Pool access outside Public Swim times: Day Pass rate \$15.50 all ages

