

2025 ANNUAL REPORT



Katherine O'Neill
President & CEO
YMCA of Northern Alberta



Jeremy Herbert
Chair, Board of Directors
YMCA of Northern Alberta

A message from the President & CEO and Board Chair

Building momentum in 2025

2025 was a year of growth, change and momentum-building for YMCA of Northern Alberta.

In October 2025, then President and CEO of our association, Nick Parkinson retired. We are deeply grateful for his leadership and guiding our 118-year-old organization through important chapters during his tenure.

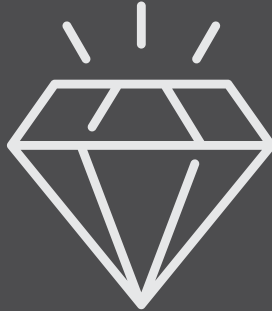
With Katherine O'Neill stepping into the role of President and CEO, our Y has entered a new chapter with a fresh vision, high energy and a deep, abiding commitment to the communities we serve.

In this year's report, you will see the impact of that commitment across central and northern Alberta. Through our child care programs, community centres, health, fitness and aquatics centres and community programs, we worked hard to make life better for tens of thousands of people. This work is made possible by more than 2,000 staff and volunteers who bring our mission to life every day.


This year also included meaningful milestones, from the official opening of Kickstand Edmonton in West Edmonton Mall, a fully integrated youth services hub supporting young people ages 11 to 25, to expanded partnerships and Indigenous-serving programs as far north as Fort Chipewyan.

As Katherine travelled across the regions we serve, meeting staff, volunteers, members, partners, community leaders and participants, one message was clear: the Y remains a trusted and foundational source of support for people and families across central and northern Alberta. It is where children are cared for, youth find connection and belonging, families access help when they need it and people of all ages build their health, confidence and community.


Our Y has always renewed itself to meet changing community needs. We will continue to adapt, lead and be here, as always, helping people and communities shine.

We Value
Inclusion, respect,
honesty, caring and
responsibility.

Our Mission
A charity that ignites
people's potential.

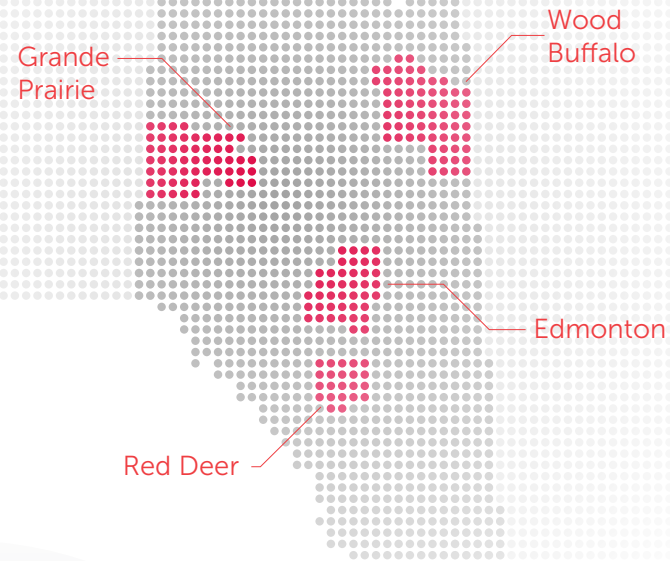



Our Vision
Thriving communities
where everyone belongs
and can shine.

2025 Impact at a Glance

Igniting the potential of our communities.

From as far south as Red Deer to as far north as Fort Chipewyan, our YMCA helps people get active, connect to their community, learn new skills, feel supported and find a place they truly belong.

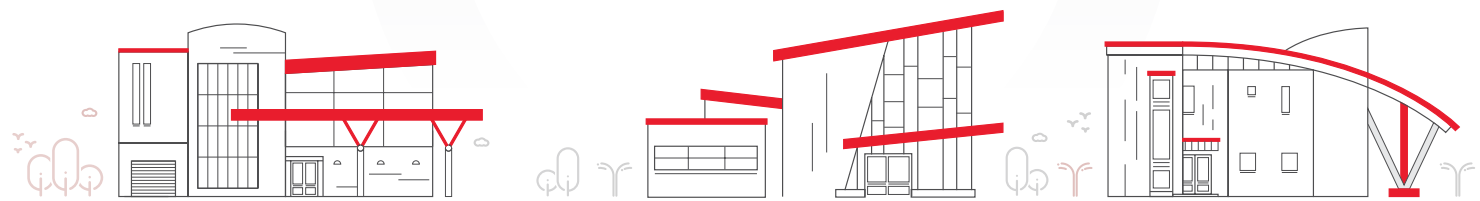


community programs **42**

61 child care programs

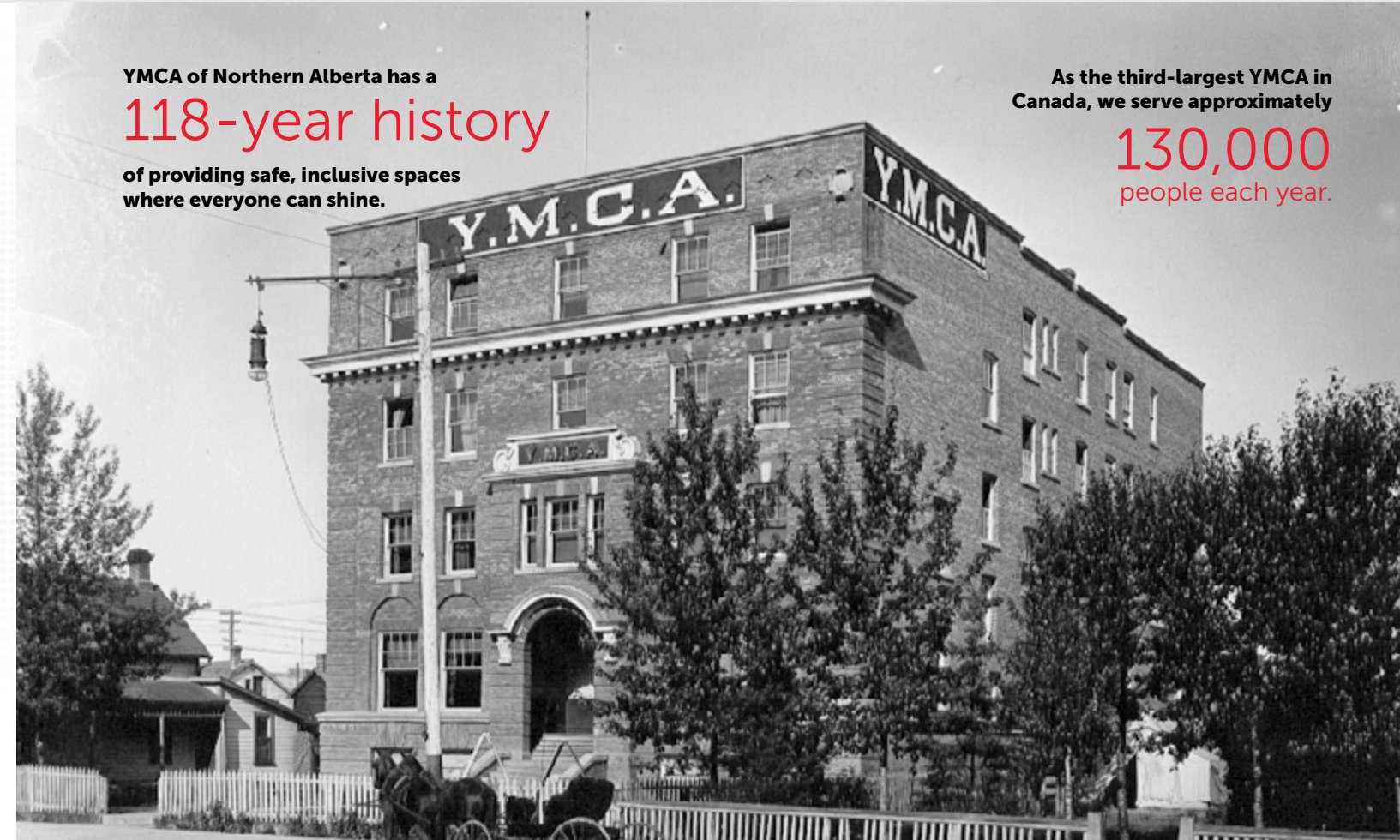
health, fitness & aquatics centres **4**

3 community centres



\$1,314,644

in financial assistance distributed to make sure everyone can have a YMCA experience



YMCA of Northern Alberta has a **118-year history**

of providing safe, inclusive spaces where everyone can shine.

As the third-largest YMCA in Canada, we serve approximately

130,000 people each year.

7,163
day camp enrollments

12,220
families uplifted through 6 support programs

1,057,000
accesses at health, fitness & aquatics centres

19,460
people served in community programs

4,272
children in child care

All made possible throughout 2025 by



1,650
donors, sponsors and funders



1,928
employees



484
volunteers

A year of barrier-free access to support for youth

Kickstand Edmonton, operated by YMCA of Northern Alberta



"Thank you so much for giving me a place to go, to be seen and accepted."

"I don't want to sound dramatic, but I don't know where I'd be without this place."

These are the vulnerable and powerful words of a young person who, like so many, feels the effects of loneliness, anxiety and isolation more than ever before. But this individual has found the support they need to thrive, and the opportunity to shape our community for the better with their unique perspective.

They found it at Kickstand Edmonton, operated by YMCA of Northern Alberta.

In January 2025, the YMCA opened the doors to Kickstand Edmonton, a barrier-free youth services hub offering free access to mental health counselling, primary healthcare, peer support, Indigenous wellness services and life skills training to youth ages 11–25.

Kickstand is a place where everyone can find the support they need to shine.

"I come here almost every day," says one youth participant.

"Never have I been so comfortable in my own skin in a space until I stepped into Kickstand," says another.

Each day, the team at Kickstand Edmonton meets youth seeking support — youth who have so much to give to the community. Everything from the physical layout of the centre to the art on the walls and the programs delivered was created in consultation with youth. Those who participate at the centre feel a deep sense of ownership over the space.

"I love this place like a second home," another young person explains.

If you walk into Kickstand today, you'll find youth hanging out in comfortable seating areas, playing games together or catching some alone time while charging their devices. They're using confidential counselling or healthcare services, praying or smudging in the ceremony room, hosting game nights or having dance parties in the multi-purpose space. Everyone is included, and everyone belongs.

The YMCA has always believed in young people. Given the supports to help them shine, their future is bright — and so is the future of our community. We couldn't be prouder to celebrate a full year of operating Kickstand Edmonton: a place where youth have the potential to make an impact on their community as much as the centre makes an impact on their lives.

Child Care

Our YMCA is the largest provider of licensed child care in Alberta. Every day, thousands of children in 61 programs and 6 childminding sites explore our research-backed curriculum that focuses on igniting their full creative, intellectual, emotional, social and physical potential.

Children in YMCA Child Care feel welcome and included while they learn valuable skills. Children graduate from our Early Years programs ready for Kindergarten, and leave our Out of

School Care programs as leaders and thoughtful members of their community.

Knowing that the care and development of our youngest citizens is of utmost importance to the future of our communities, we are honoured to be an active advocate for universally affordable, accessible and high quality child care. In 2025, we were proud to once again bring solutions to all levels of government on a funding model that works for operators and helps families in our communities shine.



3,345
families

supported by
YMCA Child Care



2,500
children/month

cared for in City
of Edmonton
childminding
programs

Community

Helping everyone in our community shine is a cornerstone of our YMCA's work. Thanks to the generosity of our partners and donors, we offer free, life-changing community programs in the Edmonton, Wood Buffalo, Grande Prairie and Red Deer regions to those who need them the most.

In 2025, thousands of children, youth and adults found support for mental health, parenting or caregiving, settling in Canada as newcomers, finding their path as youth or securing meaningful

employment and stable housing through our 42 community programs.

We also operated three thriving community centres in Edmonton, Red Deer and Wood Buffalo, where people accessed programs, found recreation opportunities and felt a sense of belonging within their community.

These programs and facilities are igniting potential in children, youth, families and adults every day.



2,075
children & youth

supported through
10 programs



2,264
people

helped by 7 programs
for newcomers

Health, Fitness & Aquatics

At our four health, fitness and aquatics centres in Edmonton, the YMCA offers exceptional health and wellness services — but more than that, these facilities are hubs for community connection, where people of all ages and backgrounds come together to be active, find belonging and an increased sense of well-being.

Each day, children, youth and adults are making connections, learning new skills, improving their physical and mental health and contributing to a vibrant, thriving community. Programs like Small Steps for Big Changes, a free diabetes

prevention program and *YTHRIVE*, a free six-month fitness program have removed barriers for people to be active.

In 2025, we saw approximately 1,057,000 accesses at our centres, as 32,873 unique members ignited their wellness potential in a place where everyone belongs.

As a charity, we never deny anyone a YMCA experience due to the inability to pay. Thanks to generous donations, we can offer financial assistance to those who need it to participate.



5,899
people

received financial assistance to participate at a health, fitness & aquatics centre



8,157
children & youth

participated in swimming lessons each week



Volunteer Leadership

Each year, hundreds of volunteers give their time and talent to make YMCA programs and services great. Without the commitment, ambassadorship and generosity of our volunteers, the YMCA's ability to serve the community would not be possible.

The volunteer work of both the YMCA Board of Directors and the Foundation Board is fundamental to our success. They work to ensure our YMCA remains relevant and sustainable, igniting the potential in people and helping them shine.

Thank you to our volunteers!

YMCA of Northern Alberta Board of Directors

Jeremy Herbert, Chair
Evelyn Chicoine, Vice Chair
Jason Vandenberg, Vice Chair
Chad Brennand
Holli Bjerland
Robert de Guzman
Michael Donlevy
Kassandra Felix
Ken Glover

Dr. Helena Hawryluk
Wendy Hughes
Fraser Murch
Jacob Ohe
Kejina Robinson
Taylor Rolheiser
Noah Soifer
Sheena Spear
Morrel Wax

YMCA of Northern Alberta Foundation Board

Tim Haak, Chair
Rahim Adatia
Joan Baker
Holli Bjerland
Brent Buchanan
Alexandria Fisher
Jeremy Herbert
Darryl McGavigan

Deborah McKinnon
Fraser Murch
Megan Normandeau
Emmanuel Nzeyimana
Katherine O'Neill
Nick Parkinson*
J.J. Tremblay

**Departed 2025*

YMCA of Northern Alberta Senior Leadership Team

Executive Leadership

Katherine O'Neill
President & Chief Executive Officer

Nick Parkinson*
President & Chief Executive Officer

Jesse Grieder
Chief People & Culture Officer

Jody Kyle
Chief Operations Officer

Rizwan Kanji
Chief Financial Officer

Amber Niemeier
Chief Community Engagement Officer

Senior Leadership

Kent Bittorf*
Vice President, Health, Fitness & Aquatics

Taylor Cheung
Vice President, Health, Fitness & Aquatics

Asim Chin
Vice President, Technology & Innovation

Jackie McGowan
Vice President, Community

Ken Muggeridge
Vice President, Asset & Capital Management

Annalise Yuzda
Vice President, Child Care

Deanna Barker
Director, Marketing & Communications

Jeremy Irwin*
Director, Finance & Accounting

Rhonda Marano
Director, People & Culture

Ashton Raeyr
Director, Fund Development

Emily Sabo
Director, Finance & Accounting

Kristen Szopa
Director, HR Technology & Total Rewards

**Departed 2025*

Summarized Financial Results

Statement of Financial Position as at December 31

Revenues

	2025	2024
Program fees	\$ 17,765,339	\$ 17,226,256
Membership dues	12,991,257	12,077,729
YMCA Opportunity fund	(1,320,056)	(1,106,828)
	29,436,540	28,197,157
Operating grants - government	35,080,688	29,997,785
Contributions	2,538,311	1,790,009
Rental and other revenue	2,199,095	2,421,688
Operating grants – other	1,836,429	2,004,605
Amortization of deferred capital contributions	1,513,425	1,349,653
Investment income	299,959	522,559
United Way	-	135,000
	72,904,447	66,418,456

Expenses

Operating	66,468,921	63,051,446
Amortization of capital assets	3,044,258	2,542,280
Interest on long-term debt	209,301	270,134
	69,722,480	65,863,860
	\$ 3,181,967	\$ 554,596

Statement of Financial Position as at December 31

Assets

Current

	2025	2024
Cash and cash equivalents	\$ 13,673,789	\$ 10,749,059
Restricted cash and cash equivalents	419,879	400,079
Accounts and grants receivable	3,134,520	2,523,263
Receivables from related parties	758	204,694
Inventories	155,105	27,713
Prepays and deposits	649,887	591,664
	18,033,938	14,496,472
Capital assets	24,801,190	23,366,391

Liabilities

Current

Accounts payable and accrued liabilities	\$ 9,587,820	\$ 7,002,021
Deferred revenue	4,448,099	5,188,561
Payable to related parties	251,243	-
Current portion of long-term debt	2,319,235	2,608,456
	16,606,397	14,799,038
Reserve fund payable	400,000	400,000
Obligation under capital lease	672,471	-
Long-term debt	1,145,230	1,504,571
Deferred capital contributions	12,381,602	12,711,793
	31,205,700	29,415,402

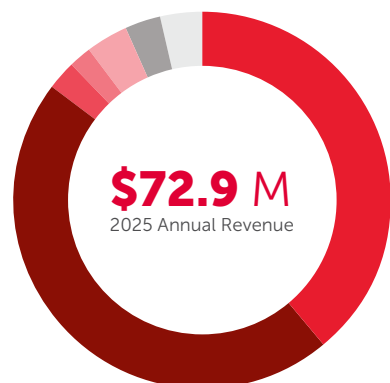
Net Assets

Investment in capital assets	8,031,409	12,147,155
Internally restricted	6,572,104	-
Unrestricted	(2,974,085)	(3,699,694)
	11,629,428	8,447,461
	\$ 42,835,128	\$ 37,862,863

The complete, approved Audited Financial Statements are available on the website – located at ymcanab.ca

Annual Revenues

Our 2025 annual revenue exceeded \$72.9 million. This revenue allowed us to offer life-enhancing programs and services in health, fitness and aquatics facilities, child care centres, community centres and community outreach programs in Edmonton, Grande Prairie, Red Deer and Wood Buffalo.



- 40.4% Membership and fees
- 48.1% Operating grants – government
- 2.5% Operating grants – other
- 2.1% Amortization of deferred capital contributions
- 3.5% Contributions
- 3.4% Rental and other revenue
- 3.5% Contributions

Annual Expenses

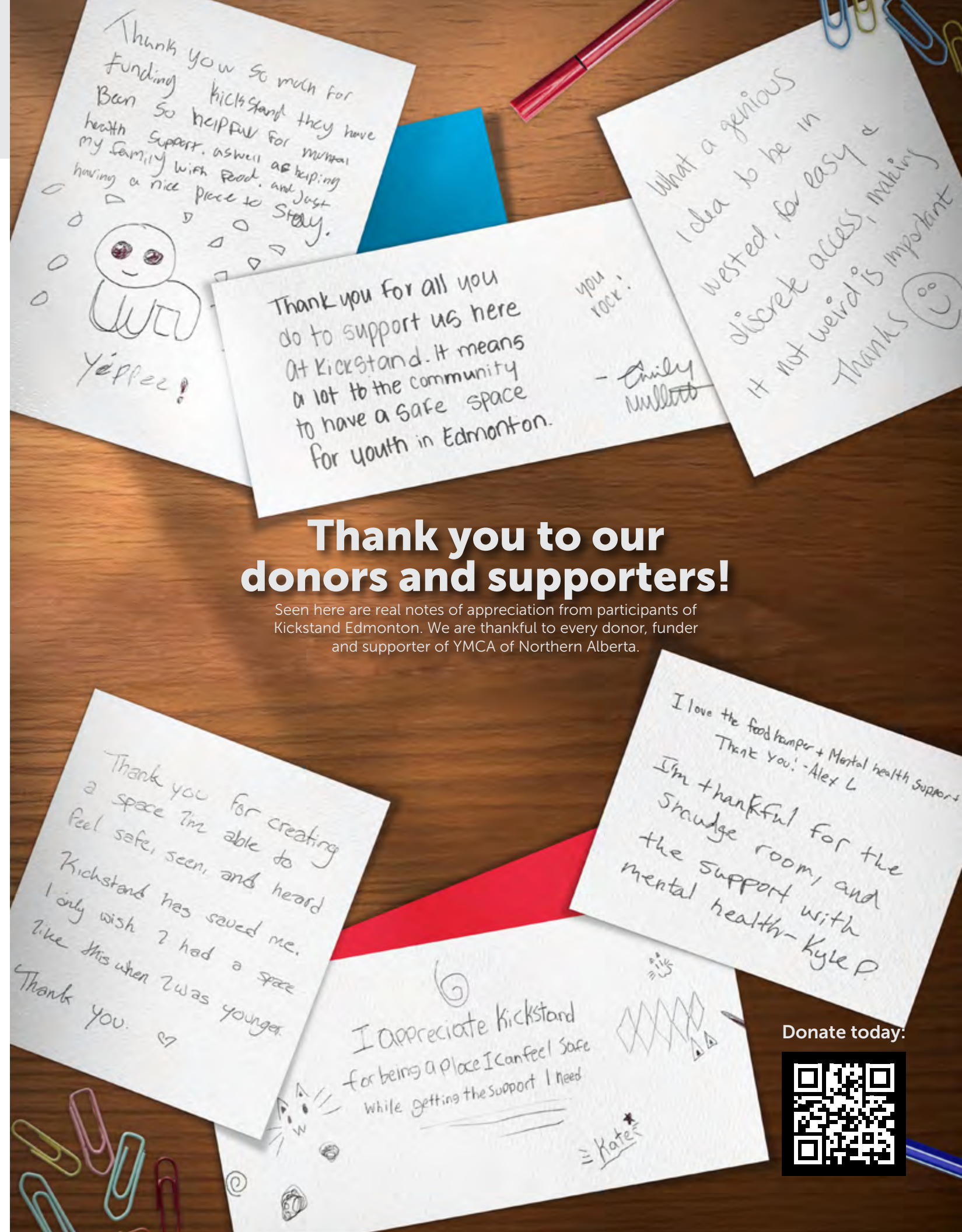
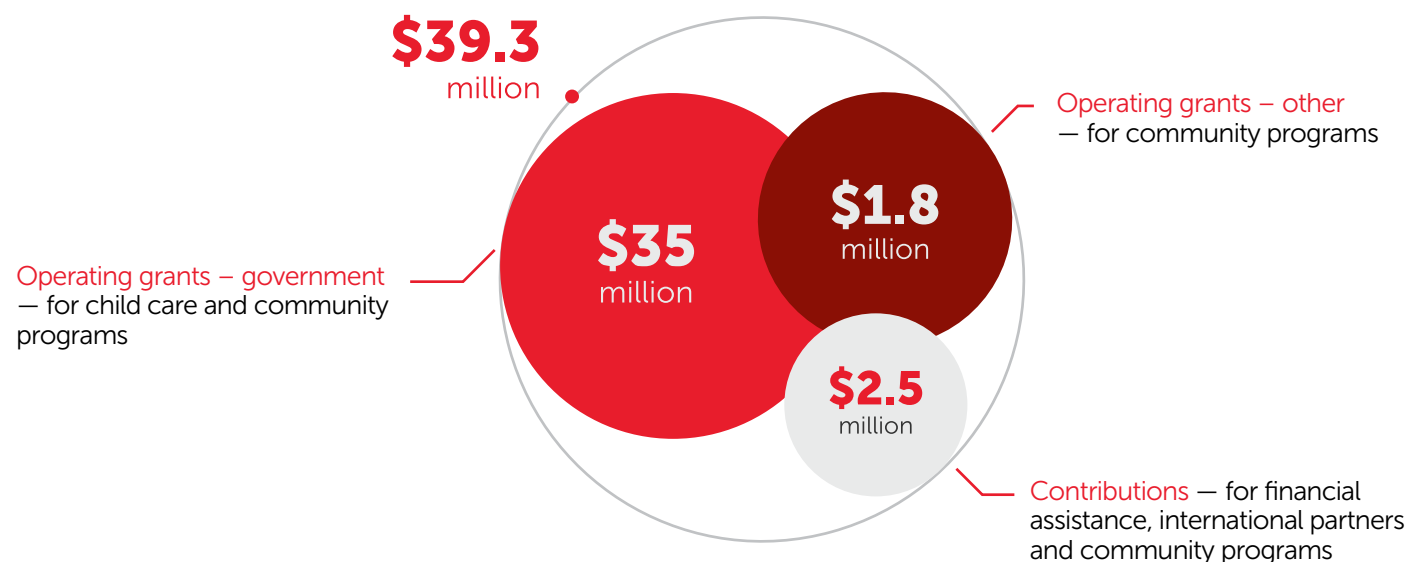
Our 2025 annual expenses totalled \$69.7 million as we ignited lifelong well-being and community connection in the people we served, while developing the talent and potential of our dedicated YMCA employees.



- 69.1% Wages, salaries and benefits
- 7.9% Occupancy
- 5.7% Supplies
- 4.4% Amortization of capital assets
- 4.2% Miscellaneous
- 2.7% Repairs and maintenance
- 1.7% Participant support costs
- 3.2% Purchased services and liability insurance
- 1.1% Membership and association dues

Revenues from Contributions & Grants

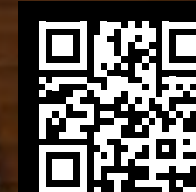
Of our 2025 annual revenues, 54.1%, or \$39.3 million, was received in funding from donors, government partners, community foundations and funders.



Thank you to our donors and supporters!

Seen here are real notes of appreciation from participants of Kickstand Edmonton. We are thankful to every donor, funder and supporter of YMCA of Northern Alberta.

Donate today:





**A charity that ignites
the potential in people.**

Charitable Registration 11930 7122 RR0001

ymcanab.ca