

# Jamie Platz Family YMCA Aquatics Schedule

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY						
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach				
5:30 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep				
6:00 AM																			
7:00 AM	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	Lane Swim - 5 Lanes	Family Swim	Shallow 1.2m	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep	Lane Swim - 5 Lanes	Family Swim	Shallow 1.2m	Lane Swim - 5 Lanes	Family Swim	Aquafit Deep				
8:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep	Aquafit Shallow			
9:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep	Aquafit Shallow			
10:00 AM	Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps	Swim Lessons	Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps		Aquafit Shallow			
11:00 AM																Day Camps	Day Camps	Day Camps	Day Camps
12:00 PM	Lane Swim - 3 Lanes	Family Swim	Bridge to Wellness Aqua	Lane Swim - 3 Lanes	Family Swim		Lane Swim - 3 Lanes	Family Swim	Deep 2.1m	Lane Swim - 3 Lanes	Family Swim	Bridge to Wellness Aqua	Lane Swim - 3 Lanes	Family Swim	Deep 2.1m				
1:00 PM	Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps		Lane Swim - 1 Lane	Day Camps					
2:00 PM																Day Camps	Day Camps	Day Camps	Day Camps
3:00 PM		Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim					
4:00 PM				Lane Swim - 1 Lane			Family Swim			Lane Swim - 1 Lane			Family Swim			Lane Swim - 1 Lane	Family Swim	Lane Swim - 1 Lane	Family Swim
5:00 PM							Swim Lessons						Swim Lessons				Swim Lessons		Swim Lessons
6:00 PM	Lane Swim - 3 Lanes	Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim			Family & Public Swim		Aquafit Shallow			
7:00 PM				Aquafit Shallow			Aquafit Shallow			Aquafit Shallow			Aquafit Shallow						
8:00 PM				Aqua Zumba			Aqua Zumba			Aqua Zumba			Aqua Zumba						
9:00 PM		Family & Public Swim		Lane Swim - 3 Lanes	Family Swim		Lane Swim - 3 Lanes	Family Swim		Lane Swim - 3 Lanes	Family Swim		Lane Swim - 3 Lanes	Family Swim					

## Summer 2026 June 29 - August 23

	SATURDAY			SUNDAY				
	Main	Lagoon	Teach	Main	Lagoon	Teach		
7:00 AM	Lane Swim - 5 Lanes	Family Swim	Deep 2.1m	Lane Swim - 5 Lanes	Family Swim	Deep 2.1m	7:00 AM	
8:00 AM			Aquafit Deep			Aquafit Deep	8:00 AM	
9:00 AM	Lane Swim - 1 Lane	Family Swim	Swim Lessons	Lane Swim - 1 Lane	Family Swim	Swim Lessons	9:00 AM	
10:00 AM							10:00 AM	
11:00 AM							11:00 AM	
12:00 PM	Lane Swim - 1 Lane			Lane Swim - 1 Lane			12:00 PM	
1:00 PM	Lane Swim - 1 Lane	Swim Lessons		Lane Swim - 3 Lanes	Family & Public Swim		1:00 PM	
2:00 PM							2:00 PM	
3:00 PM		Swim Lessons		WIBIT 2-4pm *July 5th and August 2nd*		Family & Public Swim		3:00 PM
4:00 PM								4:00 PM
5:00 PM								5:00 PM
6:00 PM	Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		6:00 PM	
7:00 PM				Lane Swim - 3 Lanes			7:00 PM	
8:00 PM							8:00 PM	

Public Swim Pricing: Adults (18-64) \$7.25 | Youth (13-17) & Senior (65+) \$6.25 | Child (2-12) \$5.25 | Family (up to 6) \$17.75 | Children under 2 FREE  
Pool access outside Public Swim times: Day Pass rate \$15.75 all ages

