



Castle Downs Family YMCA

Summer Intersession 2026 Pool Schedule / August 24 - September 13

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		SUNDAY		
	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	Main Pool	Teach Pool	
5:00 AM															5:00 AM
6:00 AM															6:00 AM
7:00 AM															7:00 AM
8:00 AM															8:00 AM
9:00 AM															9:00 AM
10:00 AM															10:00 AM
11:00 AM															11:00 AM
NOON															NOON
1:00 PM	Pool Closed for Maintenance - Reopens Monday, September 14th at 6 AM														1:00 PM
2:00 PM															2:00 PM
3:00 PM															3:00 PM
4:00 PM															4:00 PM
5:00 PM															5:00 PM
6:00 PM															6:00 PM
7:00 PM															7:00 PM
8:00 PM															8:00 PM
9:00 PM															9:00 PM
10:00 PM															10:00 PM

*Last Updated August 4, 2026

Hours of Operation

Monday to Friday: **6AM - 10PM**

Saturdays & Sundays: **7AM - 8PM**

Statutory Holidays (**open on rotation**): **Labour Day, September 7, Open 8am-4pm**

11510 153 Ave NW
Edmonton, AB T5X 6A3
(780) 476-**YMCA** (9622)