

Jamie Platz Family YMCA Aquatics Schedule

Fall Intersession 2026
August 24 - September 6

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach
5:30 AM	Lane Swim - 5 Lanes	Family Swim		Lane Swim - 5 Lanes	Family Swim		Lane Swim - 5 Lanes	Family Swim		Lane Swim - 5 Lanes	Family Swim		Lane Swim - 5 Lanes	Family Swim	
6:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep
7:00 AM						Shallow 1.2m						Shallow 1.2m			
8:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Deep
9:00 AM			Aquafit Deep			Aquafit Shallow			Aquafit Deep			Aquafit Shallow			Aquafit Shallow
10:00 AM			Deep 2.1m			Aquafit Shallow			Deep 2.1m			Aquafit Shallow			Deep 2.1m
11:00 AM															
12:00 PM															
1:00 PM															
2:00 PM	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim										
3:00 PM	Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim	
4:00 PM															
5:00 PM															
6:00 PM			Aquafit Shallow						Aquafit Shallow						Aqua Zumba
7:00 PM			Aquafit Shallow						Aquafit Shallow						
8:00 PM			Aqua Zumba						Aquafit Shallow						
9:00 PM	Family & Public Swim	Family & Public Swim	Family & Public Swim	Family & Public Swim	Family & Public Swim										
	Closed			Closed			Closed			Closed			Closed		

Public Swim Pricing: Adults (18-64) \$7.25 | Youth (13-17) & Senior (65+) \$6.25 | Child (2-12) \$5.25 | Family (up to 6) \$17.75 | Children under 2 FREE
Pool access outside Public Swim times: Day Pass rate \$15.75 all ages

SATURDAY			SUNDAY			
Main	Lagoon	Teach	Main	Lagoon	Teach	
Lane Swim 5 Lanes	Family Swim	Deep 2.1m	Lane Swim 5 Lanes	Family Swim	Deep 2.1m	7:00 AM
		Aquafit Deep			Aquafit Deep	8:00 AM
		Family Swim			Family Swim	9:00 AM
						10:00 AM
						11:00 AM
						12:00 PM
Lane Swim - 3 Lanes	Family & Public Swim		Lane Swim - 3 Lanes	Family & Public Swim	1:00 PM	
					2:00 PM	
					3:00 PM	
					4:00 PM	
					5:00 PM	
					6:00 PM	
					7:00 PM	
					8:00 PM	
Closed			Closed			

