

Jamie Platz Family YMCA Aquatics Schedule

	MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY							
	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach	Main	Lagoon	Teach					
5:30 AM	Lane Swim - 5 Lanes	Family Swim	AquaFit Deep	Lane Swim - 5 Lanes		AquaFit Shallow	Lane Swim - 5 Lanes		AquaFit Deep	Lane Swim - 5 Lanes		AquaFit Shallow	Lane Swim - 5 Lanes		AquaFit Deep					
6:00 AM																				
7:00 AM			AquaFit Deep						Shallow 1.2m						AquaFit Deep		Shallow 1.2m		AquaFit Deep	
8:00 AM			AquaFit Deep						AquaFit Shallow								AquaFit Deep		AquaFit Deep	
9:00 AM			AquaFit Deep						AquaFit Shallow								AquaFit Deep		AquaFit Shallow	
10:00 AM																	AquaFit Shallow		AquaFit Shallow	
11:00 AM			Deep 2.1m			Swim Lessons			Deep 2.1m			Shallow 1.2m		Deep 2.1m						
12:00 PM	Lane Swim - 3 Lanes		Family Swim		Lane Swim - 3 Lanes		Bridge to Wellness Aqua	Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes		Family Swim	Lane Swim - 3 Lanes	Family Swim	Swim Lessons				
1:00 PM																				
2:00 PM																				
3:00 PM																				
4:00 PM	Lane Swim - 1 Lane	JLC and Swim Club	Family & Public Swim	Lane Swim - 1 Lane	Family Swim	Swim Lessons	Lane Swim - 1 Lane	Family Swim	Swim Lessons	Lane Swim - 1 Lane	Family Swim	Swim Lessons	Lane Swim - 1 Lane	JLC and Swim Club	Family & Public Swim					
5:00 PM																				
6:00 PM																				
7:00 PM																				
8:00 PM	Lane Swim - 3 Lanes	Family & Public Swim		Aqua Zumba	Lane Swim - 3 Lanes	Family Swim	AquaFit Shallow	Lane Swim - 3 Lanes	Family Swim	AquaFit Shallow	Lane Swim - 3 Lanes	Family Swim	Aqua Zumba	Lane Swim - 3 Lanes		Family & Public Swim				
9:00 PM																				
	Closed			Closed			Closed			Closed			Closed							

Public Swim Pricing: Adults (18-64) \$7.61 | Youth (13-17) & Senior (65+) \$6.56 | Child (2-12) \$5.50 | Family (up to 6) \$17.75 | Children under 2 FREE
Pool access outside Public Swim times: Day Pass rate \$16.28 all ages

Pool access outside Public Swim times: Day Pass rate \$16.28 all ages

**Fall 2026 | September 7 -
December 20**

SATURDAY			SUNDAY			
Main	Lagoon	Teach	Main	Lagoon	Teach	
Lane Swim - 5 Lanes		Deep 2.1m	Lane Swim - 5 Lanes		Deep 2.1m	7:00 AM
		AquaFit Deep			AquaFit Deep	8:00 AM
Lane Swim - 1 Lane	Swim Lessons	Swim Lessons	Lane Swim - 1 Lane	Swim Lessons	Swim Lessons	9:00 AM
						10:00 AM
						11:00 AM
						12:00 PM
Swim Lessons			Lane Swim - 3 Lanes			1:00 PM
Family & Public Swim			WIBIT 2-4pm *1st Sunday of every month*	Family & Public Swim		2:00 PM
						3:00 PM
						4:00 PM
						5:00 PM
						6:00 PM
						7:00 PM
						8:00 PM
Closed			Closed			

