

2026

IMPACT REPORT

Shine On Northern Alberta Foundation



Tim Haak
Board Chair
YMCA of Northern Alberta Foundation

A message from the Board Chair, YMCA of Northern Alberta Foundation

Investing in the future of our communities

The past year has brought tremendous change and growth to the YMCA of Northern Alberta, as our Y helped thousands of people shine. Operating in Red Deer, Edmonton, Grande Prairie and Wood Buffalo, we've spent the last year responding to our communities' needs.

While youth today are feeling increasingly lonely and isolated, the YMCA continues to meet them where they are, as they are. We have expanded our lifechanging Youth Transitions Program as far north as Fort Chipewyan, opened a new youth centre in the Eagle Ridge Community Centre in Wood Buffalo, provided thousands of hours of free mental health counselling and workshops for young people at our Kickstand integrated youth services hub in West Edmonton Mall and welcomed more than 5,100 children to experience YMCA summer day camps in Red Deer, Edmonton and Fort McMurray.

Because of you, our donors and supporters, we are building future-ready youth in our communities: young people who have the support they need to be their best selves, learn new skills, feel connected to their peers and ready to step into a bright future.

We were proud to have welcomed more than 17,000 members into our health, fitness and aquatics centres, regardless of their income or identity, and thousands more into our three community centres across central and northern Alberta. In child care, our passionate and highly trained Early Childhood Educators nurtured children from more than 5,700 families, giving them the tools they need to succeed as they learn and grow. And in our 42 community outreach programs, our teams offered a critical lifeline to thousands of children, youth and families to overcome barriers in the areas of mental health, employment, wellness, housing and newcomer settlement.

Our Foundation Board, volunteers and Heritage Club members (past, present and future donors), are proud to support the great work of the Y, which helps Albertans from all walks of life on their journey toward vibrant, resilient and connected lives, and supports the work of our international partners through the YMCAs of Ukraine and Bogota, Colombia.

Thanks to you, the Y can reach those who need connection, spark positive change in their well-being and uplift the health of our communities.

Thank you for the remarkable potential you're igniting in our communities each day.



Carol Symons

What is your legacy?

"I believe you can be a hero in the simplest and smallest way to anyone who enters our Y."

For many, a legacy might be the wealth we leave behind. For Carol Symons, a legacy is more than that.

Carol's involvement in the YMCA has spanned almost her entire lifetime. As a child, her family scraped together what they had to put her in swimming lessons at the local Y, where going with her mother meant more than just learning to swim.

"I remember the comfort, the safety at the Y. It was accessible."

Over the years, Carol found herself returning to the YMCA. Her first job was as a summer camp counsellor — an experience that affirmed her path to a career in education, first as a teacher, then a principal and eventually as a Managing Director with Edmonton Public Schools' District Support Services.

11 years ago, Carol underwent hip and knee replacements — an experience that brought her back to the Y on her healing journey. She joined Aquafit and the Bridge to Wellness Program, which helped her during her rehabilitation. One day, a Y staff member approached Carol and suggested she volunteer at the YMCA.

Through volunteering, Carol has shared the lessons she learned during her years of leadership with managers, staff, volunteers and community members. She also began making regular donations to the Y and became a YMCA Heritage Club Member.

Over the years, Carol has thought a lot about what legacy means.

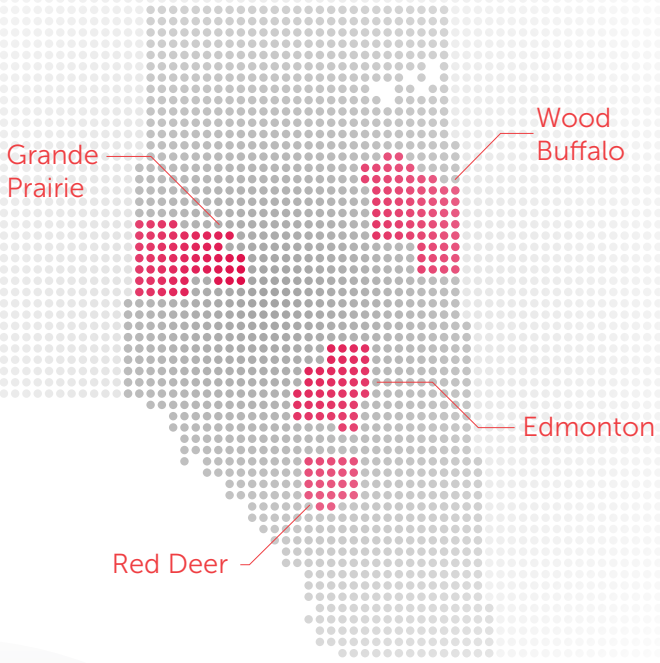
"It's more than money. It's about what you do, how you live your life and what you impart on others."

There's no doubt that Carol has had an immeasurable impact on many in her community from all stages of life. She's a teacher, a leader, a volunteer and a donor. In every role, Carol seeks to connect with those she meets and empower those she mentors.

Impact at a Glance

Igniting the potential of our communities.

From as far south as Red Deer to as far north as Fort Chipewyan, our YMCA helps people get active, connect to their community, learn new skills, feel supported and find a place they truly belong.

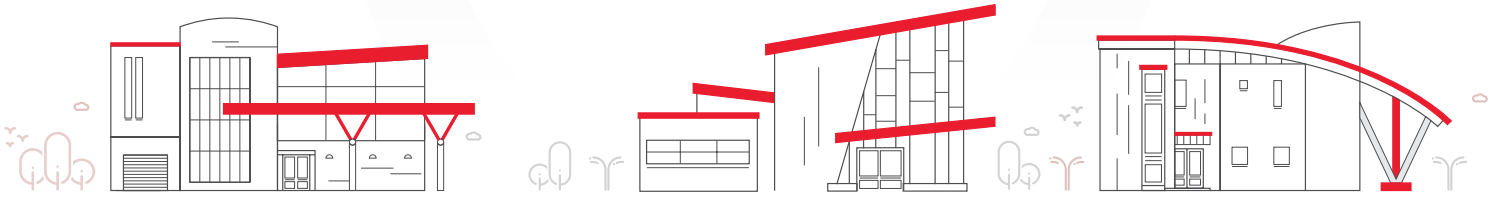


community programs 42

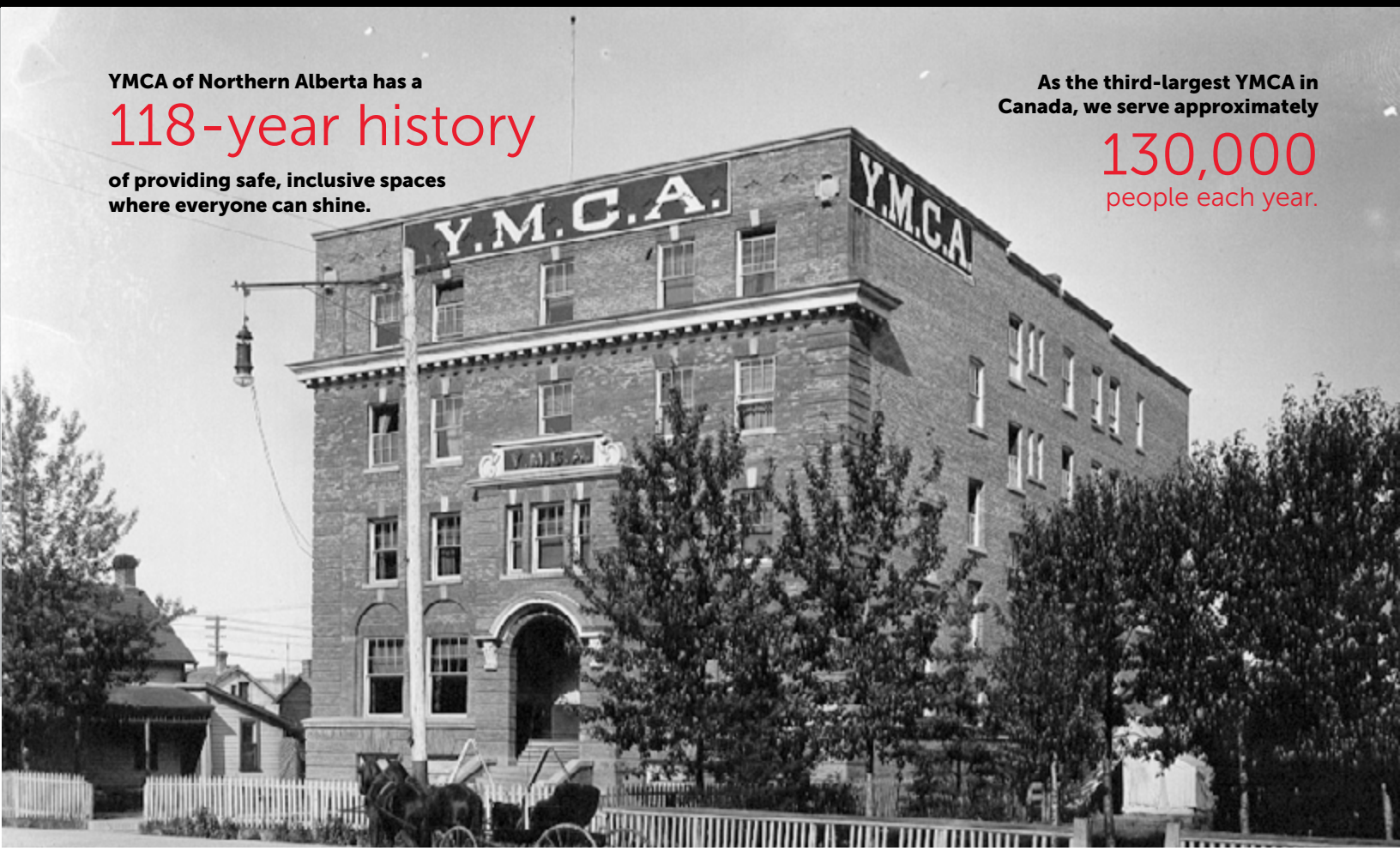
61 **child care programs**

health, fitness & aquatics centres 4

3 **community centres**



$1,314,644 **in financial assistance distributed to make sure everyone can have a YMCA experience**



YMCA of Northern Alberta has a

118-year history

of providing safe, inclusive spaces where everyone can shine.

As the third-largest YMCA in Canada, we serve approximately

130,000

people each year.

7,163	12,220	1,057,000	19,460	4,272
day camp enrollments	**families uplifted through 6 support programs**	**accesses at health, fitness & aquatics centres**	**people served in community programs**	**children in child care**

All made possible by

1,650 donors, sponsors and funders

1,928 employees

484 volunteers

Empowering future-ready youth through the Youth Transitions Program



Bullying. Insecurity. Relationship struggles. Finding a job. Finding purpose. Finding a community.

Every day, young people face barriers like these on their path to a bright future. Through programs like the Youth Transitions Program (YTP), the YMCA equips young people with resilience, self-assurance and the skills they need to be future-ready.

YTP's youth workers are caring mentors who offer one-on-one support to help youth develop life skills and find resources to overcome their barriers. Youth work through challenges and becoming a connected part of their community.

A success for more than 35 years in Edmonton, YTP has expanded to Red Deer, Grande Prairie, Fort McMurray and Fort Chipewyan. In every community,



young people are looking for a place to connect, belong and be themselves. The YMCA is that place.

In Grande Prairie, a 16-year-old spent one-on-one sessions learning about healthy boundaries in relationships and improving communication skills. As their confidence grew, they became more engaged in their community, volunteering their time at the YMCA and discovering a sense of purpose.

In Fort Chipewyan, a high school student shared their career aspirations with their YTP youth worker, and together they built a plan to achieve those goals. That young person soon secured the job they wanted with Parks Canada and felt encouraged and supported to continue pursuing their goals.

In Red Deer, YTP helped a young person work on issues with emotional regulation in school. He began volunteering at the Northside Community Centre YMCA, helping serve a free meal to youth each week and staying afterwards to interact with his peers. He developed a sense of belonging and built positive relationships, with a goal to one day become a YMCA mentor himself.

Supporting the YMCA of Northern Alberta Foundation is a powerful expression of care for future generations. By investing in youth from Red Deer all the way to Fort Chipewyan, donors are helping build communities where everyone can shine. Their generosity reflects a shared responsibility to uplift others shape stronger, more resilient communities for years to come.

Volunteer Leadership

YMCA of Northern Alberta Foundation

YMCA of Northern Alberta Foundation – Governance

Tim Haak, Chair
Rahim Adatia
Joan Baker
Brent Buchanan
Jeremy Herbert
Darryl McGavigan
Deborah McKinnon
Fraser Murch
Megan Normandeau
Emmanuel Nzeyimana
Katherine O'Neill
Nick Parkinson*
Jean-Jacques Tremblay

**Term ended 2025*

Investment Advisory Committee

Brent Buchanan, Chair
Doug Cronk
Bob McColl*
Katherine O'Neill
Nick Parkinson*
Kent Winterfield
Bart Hunter

**Term ended 2025*

Thank You, Volunteers

YMCA of Northern Alberta Foundation is governed by its members acting collectively in the manner of a Board. These dedicated members are responsible for ensuring the long-term growth of the YMCA's endowment funds by working with donors to realize their vision for the future, encouraging new endowment gifts and, with the support from our experienced Investment Advisory Committee, ensuring the prudent investment of the portfolio of funds.

We appreciate all the dedicated members of the YMCA of Northern Alberta Foundation and the Investment Advisory Committee who steward the funds entrusted to our care, helping to grow the endowment through new, current and future gifts.

The Power of Endowment

Endowment giving has the power to inspire and create transformational impact. In just 17 years, a fund that started with a gift of **$21,500** has now disbursed $22,029 to support YMCA of Northern Alberta programs and has a current balance of **$35,971**.

Heritage Club Members

YMCA Heritage Club members are compassionate leaders and visionary supporters who choose to make a lasting difference through legacy giving.

All contributions to the Foundation are directed to our endowment fund, where the principal is invested in perpetuity. Each year, a portion is distributed to support YMCA of Northern Alberta programs and services, helping the YMCA remain a force for good for generations to come.

This year, we are deeply grateful to welcome the following dedicated community champions to the YMCA Heritage Club: **Brenda and Bruce Carey, Veronica Ramirez Moran, Carol Symons** and a number of new anonymous donors.

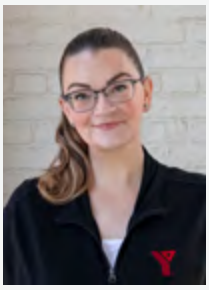
We are honoured to posthumously welcome Joe Koopmans, whose legacy will strengthen our community for years to come.

Your Legacy: A future gift, a lifetime of impact

By including the YMCA in your estate plans, you're creating opportunities, fostering belonging and strengthening your community for generations to come.

A planned gift is more than a financial contribution — it's a reflection of the values that guide your life and the impact you hope to leave behind. It's an opportunity to create a lasting legacy while balancing the needs of your loved ones.

We are here to answer your questions and provide support as you explore whether this type of giving may be right for you.



Laura Svajlenko
Planned Giving Specialist
e: Laura.Svajlenko@ymcanab.ca
p: 780.499.3627

While there is no obligation to tell us about a future gift, we would be honoured to learn of your intentions to support the YMCA of Northern Alberta Foundation. Sharing your plans allows us to express our gratitude, recognize the values and generosity that inspire your gift, and better understand the impact you hope to make. Donors who wish to remain anonymous may do so while still notifying us of their plans. We encourage donors to consider their family's needs first and to work with their legal, financial and tax advisors to ensure that a legacy gift complements their broader estate planning goals. By planning thoughtfully, you can care for those closest to you while also creating a lasting legacy of generosity, compassion and community impact.



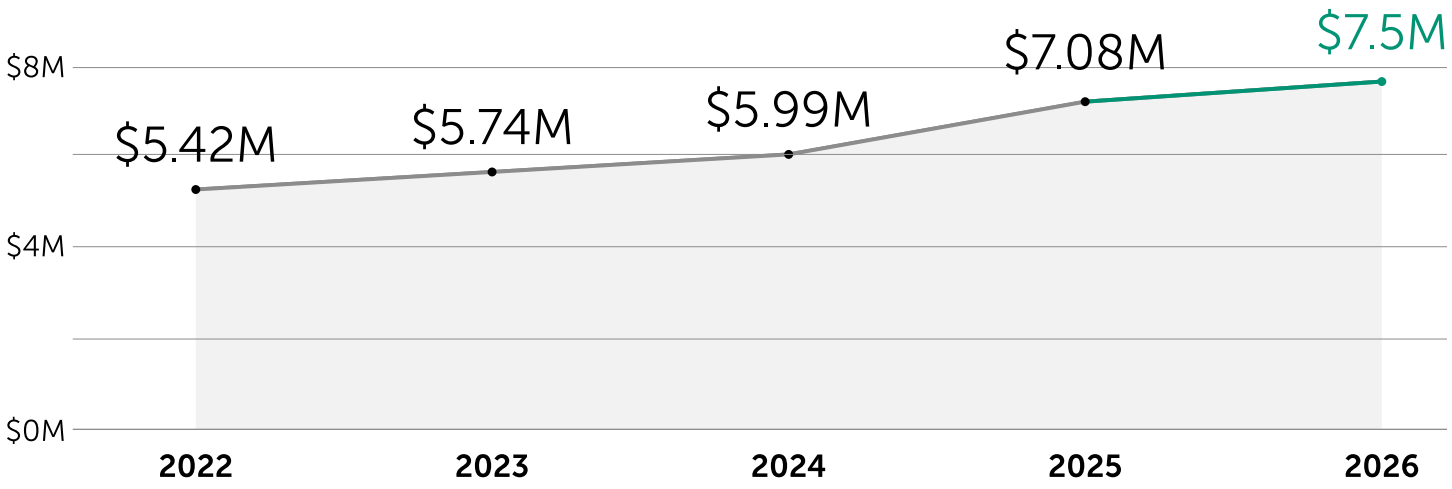
A Remembrance ...

We honour the memory of all Heritage Club members who have gone before us. Their lives exemplify the belief that we are strongest when we invest in one another and in the future of our communities. Their legacy is not only measured by what they gave, but by the opportunities, connections and hope they continue to create for others. We are deeply grateful for their unwavering trust in the YMCA and its mission.

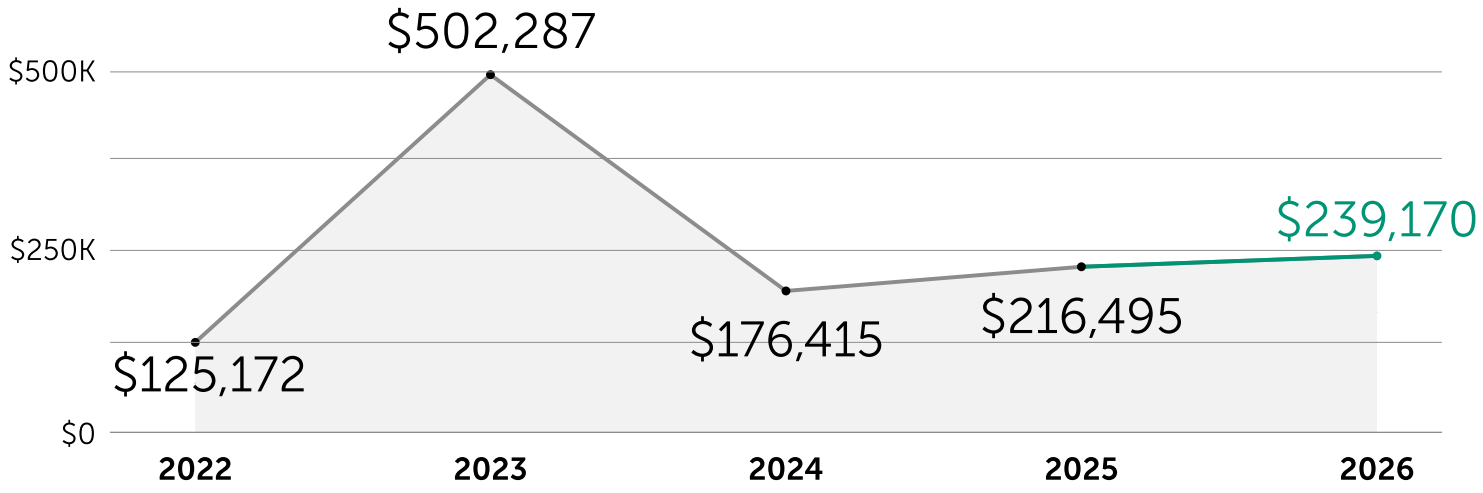
Financial Highlights

For the year ended March 31, 2026

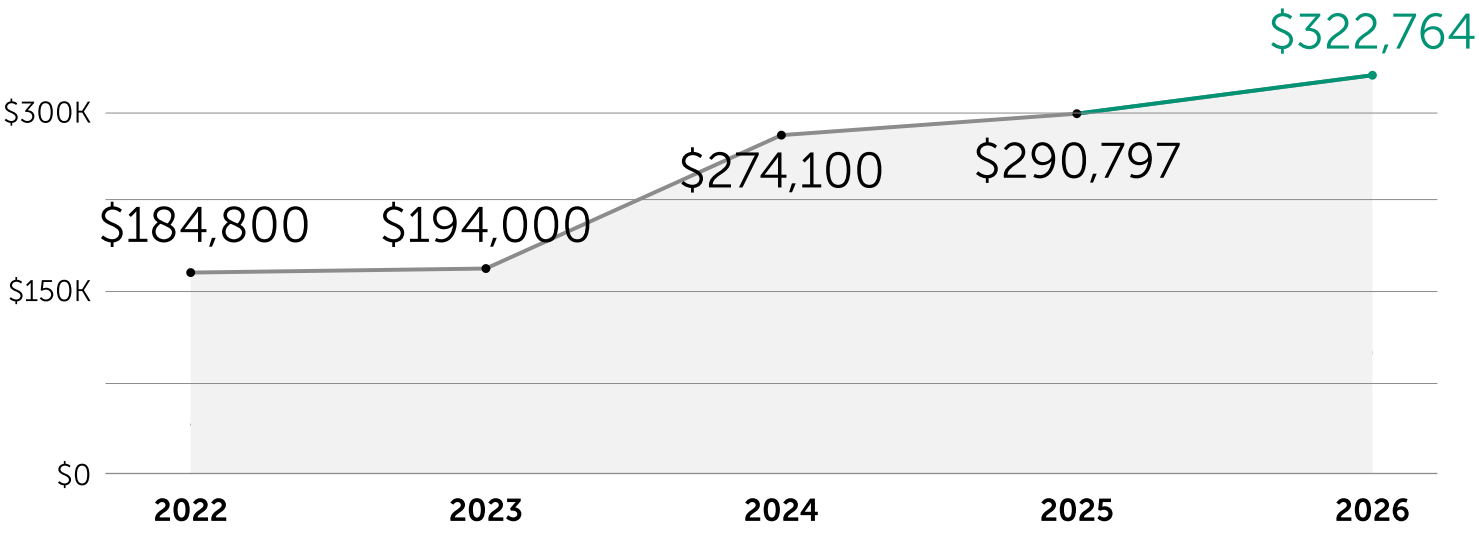
INVESTMENT ASSETS



DONOR CONTRIBUTIONS



PROGRAM FUNDING DISTRIBUTION



Return on Investment
1-year rate of return on pooled investments 9.7% (2025 - 11.4%)

For a copy of the audited financial statements,
visit **ymcanab.ca/publications**. If you have questions or comments about any of the information provided in the 2026 Impact Report, please contact the Fund Development team by emailing **Laura.Svajlenko@ymcanab.ca**.



YMCA of Northern Alberta

Foundation Grants

YMCA staff and volunteers are true leaders, making a positive difference in their communities every single day. Through YMCA of Northern Alberta Foundation grants, they have the chance to enhance their skills, grow personally and professionally, and amplify their impact at the Y. These grants, starting at $1,000, are designed to support these dedicated individuals on their journey, empowering them to help our community shine.

Bennett W. Clarke Memorial Leadership Grant

This grant was established in 1987 by Muriel A. Clarke in memory of her brother, Flight Lieutenant Bennett Clarke. Bennett, a dedicated volunteer with the YMCA, served as a pilot during World War II and tragically lost his life in action in 1944.

Bonnie Mihalchan Fitness Leadership Grant*

Bonnie first became a member of the Y in 1981 and has been an devoted and active member ever since. In 2024, she established the Fitness Leadership Grant, inspired by her lifelong passion for health and fitness and her deep appreciation for the volunteer fitness instructors who help create a vibrant, engaging and supportive community at the Y.

Del Dilkie Leadership Grant

This grant was established by Del Dilkie, a dedicated supporter and passionate ambassador of the YMCA. Del champions the principle of lifelong learning and firmly believes in continuous growth and development at any age. Del is particularly committed to nurturing leadership qualities, skills, and competencies among children and youth in YMCA programs through arts and recreation.

Ivor & Mieke Lammerink Leadership Grant

Ivor Lammerink has been a member of the YMCA since 1980. His extensive involvement as a member, donor, and volunteer reflects his deep appreciation for fostering and cultivating strong leaders within our YMCA communities.



Lynette Husum & Roger Delbaere Leadership Grant

Lynette Husum and Roger Delbaere are long-time YMCA members and generous supporters. They share a deep commitment to programs that positively impact youth, as well as to individuals who choose to pursue education or training to work with young people. Inspired by the meaningful difference Leadership Grants can make for YMCA staff and volunteers, Lynette and Roger established this grant to help ease the rising financial barriers associated with education and professional development.

N. Allen Maydonik Leadership Grant

This grant was established in honor of N. Allen "Al" Maydonik, a former YMCA Board member deeply moved by his 1994 visit to YMCA Bogota, a partner of YMCA of Northern Alberta. Sadly, Allen passed away in 2010. In acknowledgment of the profound impact the trip had on Al, his wife Bette-Anne established this leadership grant in his memory.

Parkinson Family Leadership Grant*

This new leadership grant was created to honour Nick Parkinson's 36-year YMCA career. Nick is passionate about the vision and values of the YMCA and happy to have this grant bearing his family name. It will offer support to staff or volunteers as they develop their leadership skills, having a wonderful impact on our Y and larger community.

** These grant is not yet available for disbursement.*

A New Investment in Young Leaders

This year, to maximize the impact of our Foundation Grants, several key grants intended to support young leaders were combined to create the first **YMCA of Northern Alberta Youth Summit**.

These combined funds are an investmen in the next generation of YMCA leaders, building a strong and sustainable leadership pipeline that empowers young people to lead with confidence, contribute to their communities and carry the YMCA's mission forward for years to come.

The YMCA of Northern Alberta Youth Summit is made possible by funds from the following grants:

Edwin S. Cook Leadership Grant

Ed was deeply passionate about the YMCA, his local community, and especially about creating opportunities for youth to achieve their full potential. He served as the YMCA of Northern Alberta's Board Chair for many years and was one of the founding members of the Heritage Club, demonstrating his long-term commitment as both a volunteer and supporter. This grant was established and endowed by Ed's friends and family in honor of his dedication and legacy.

Grant & Irene Duncan Strong Kids Leadership Grant

Grant and Irene were dedicated supporters of the YMCA. They deeply understood that fostering leadership development within the YMCA aligns with its core vision of nurturing strong kids, healthy families, and thriving communities. Sadly, both Grant and Irene passed away in 2020. They envisioned this grant to enhance individuals' leadership qualities and skills, furthering the YMCA's mission to empower strong kids.

Franco & Barbara Savoia Star-Builder Leadership Grant

This leadership grant was established to celebrate and honor Past President & CEO Franco Savoia and his late wife, Barbara. Franco devoted an exceptional 43 years of service to the YMCA, culminating in his role as President and CEO of YMCA of Northern Alberta.

Cecil & Helen Paull Leadership Grant

As a deeply committed member of the YMCA family (with over 80 years of dedicated membership!), Cecil was not only a member, but he was also a donor, a volunteer fundraiser and fitness instructor - the very embodiment of a YMCA Ambassador. Alongside Helen, he established this grant to foster the development of YMCA staff and volunteers. Cecil's enduring affection and cherished memories of the Y are reflected in this initiative, honoring those who have, and continue to, positively impact our communities



We extend our deepest thanks to Franco Savoia and the families of Edwin S. Cook, Grant & Irene Duncan and Cecil & Helen Paull for allowing for the reallocation of these funds.

2026 YMCA of Northern Alberta Youth Summit Attendees:

Aden Auger	Jaspreet Kaur	Makay Moss	Michael Shelast
Maetzy Bectell	Kiratpal Kaur	Grace Oliver	Mackenzie Stokes
Victoria Ceslak	Naunidh Kaur	Connor O'Malley	Desmond Stular
Oyindamola Davies	Christian Kentz	Grace Ou	Makenzi Tennant
Alexandra Erick	Saurab Khadka	Madeleine Patrick	Ryan Waine
Tatum Ireland	Coral Lemay	Eric Racelis	
Demi Jones	Emily Macdonald	Taylor Rae	



Congratulations to this year's grant recipients!

N. Allen Maydonik Leadership Grant
Eliora Gnoan

Bennett W. Clarke Memorial Leadership Grant
Kathleen Roesch, Coral Lamay, Jamie Bunting, Ivie Osunde, Lauren Chen

Del Dilkie Leadership Grant
Katie Kavic

Lynette Husum & Roger Delbeare Leadership Grant
Cale McBeath

Ivor & Mieke Lammerink Leadership Grant
Jasmine Jardin

Foundation Directed Funds

Annual disbursements are determined by the members who govern the YMCA of Northern Alberta Foundation following recommendations made by YMCA management.

1907–2007 Centennial Trust	William Lutsky Trust Fund & Land Trust Fund
Tori & Asim Chin Family Fund	Scot McLeod Family Fund
Len Dolgoy & Catherine Miller Trust Fund	Tim Melton Family Fund
Future Fund	Menegozzo Family Fund
Jim Hardy Memorial Fund	Racheal Neff Memorial Fund
Colin & Betty Ann Hatcher Fund	Bill Rees Memorial Fund
Irwin Family Fund	J.J. & Mary-Anne Tremblay Family Fund
Archie M. Langille Trust Fund	William Weir Memorial Fund

Donor Directed Fund

Annual disbursements are designated by donors to support YMCA programs.

Amerongen Fund	Michael Zolf Trust Fund
Bull Family Fund	Patricia Ellen (Pattey) Ready Memorial Fund
Eldon & Phyllis Fowler Fund	PD Fund
Herbert Family Fund	Phyllis Amerongen Memorial Fund
International Development Fund	Rebecca Suen Opportunity & Hope Fund
Investing in Youth Fund	Robert J. Turnbull Trust Fund
Jill Zimmerman Memorial Fund	Rod & Heleen McLeod Legacy Fund
John Corlett & Beverley Boudreau Fund	Sam Gabriel Trust Fund
Lammerink Family Fund	Wilfred Oliver (Mac) McLean Trust Fund
Literacy Endowment Fund	Winnie Kwok Memorial Fund
Matthew Peddle Memorial Fund for Children with Disabilities	Youth & Community Endowment Fund Jean-Louis Cloutier

2025 Grants

These funds are generously funded through donations and donor-directed endowment funds and are awarded annually.

Bennett W. Clarke Memorial Grant Fund	N. Allen Maydonik Trust Fund
Edwin S. Cook Leadership Fund	Bonnie Mihalchan Fitness Leadership Grant*
Lynette Husum & Roger Delbaere Leadership Grant	Parkinson Family Leadership Fund*
Del Dilkie Leadership Fund	Cecil & Helen Paull Scholarship Fund
Grant & Irene Duncan Family Fund	Franco & Barbara Savoia Star-Builder Scholarship Fund
Ivor & Mieke Lammerink YMCA Leadership Grant	

**These grants will not be awarded until the generate $1,000 annually*

Emerging Funds

These funds are established with an initial gift and a commitment to grow the fund (to a minimum of $10,000) to support YMCA programs based on the donor's intentions.

Carey Family Legacy Fund	Schmitt Family Fund
David Nathan Kushner Fund	Svajlenko Bleackley Family Fund

Thank you, Heritage Club Members!

We extend our deepest gratitude to all of our Heritage Club Members. Your generosity reflects a profound commitment to the well-being of others and a belief in building stronger communities for future generations. By choosing to invest in the future through your legacy gifts, you are helping create opportunities for individuals and families to thrive. Your enduring commitment allows the YMCA of Northern Alberta to innovate, respond to evolving community needs, and ensure that everyone has access to the support, connections, and opportunities they need to reach their full potential.

Because of your generosity, the YMCA can continue to strengthen communities, foster belonging, and create lasting positive change for generations to come.

Allard Foundation Ltd*
Margaret Allen*
Charles & Lara Amerongen
Martin* & Angela Anderson
Anonymous (14)
Dianne & Mike Assaly
Stan & Mary Asselstine*°
Joan & Monty° Baker
Shirley & Tim Barry
Ivan & Anita Beljan
Carol Benoit
Dave & Nish Bentley
Bob & Ruth Bentley
Brian Beresh
Lorna & Louis° Berlinguette
Reg D.* & Glenys Berry
Marek & Jolanta Biel
Kent & Jane Bittorf
Laurie Boadway
Rick & Debbie Boyd
Brad & Michelle Brindza
Janet Brown
Ron Brown* & Judy Harcourt
Brent Buchanan
Michael & Michelle Bull
William K. Butler*
Brenda & Bruce Carey
The Cassidy Family
Jack & Sylvia Chetner°
Asim & Tori Chin
Roy Chobotuck°
Muriel A. Clarke°
Jean-Louis & Vivian Cloutier
Ed & Pat Cook°
John Corlett & Beverley Boudreau
Ron & Brenda Coulombe*
Douglas S. Cronk
Jean Crozier & Ron McKague°
Sandi Darrell
Fred Delay°
Jeff DiBattista
Del Dilkie
Patrick Dinneen
Edie Dixon
Fred & Norah Dobing°
Len Dolgoy & Catherine Miller
John & Una Doyle°
Robert L. Duke & Charlotte Robb
Grant & Irene Duncan°
N. Allen Maydonik° & Bette-Anne (Maydonik) Edwards
Pat Eidem°
Herb & Jeanette Ellis°
Joan & Jim Fargey°
Robert J. & Anna K. Fee°
Gerry & Carol Feist
George & Louise Ford°
Phyllis & Eldon Fowler°
Janet Giles* & Paul Fry°*
Jan & Tim Haak
Susan & Brian Hall
Jim Hardy°
Colin Hatcher°
Gord° & Joanne Hearn
Jeremy & Liz Herbert
Dr. Albert E. (Bert) Hohol°
Ada Hole°
Lynette Husum & Roger Delbaere
Jeremy & Willow Irwin
Larry & Kathleen Johnston*
Terry & Karin Johnston
Doug Jones°
Gary & Joanne Jones
Allan & Sharon Kerr*
Terry & Charlene Kilburn*
Gord & June King*°
Glenna & Quinn Klaver
Mitch Klimove°
Joe Kloopmans
John & Valerie Kok
David Kushner° Family*



Winnie Kwok°
Philip Lachambre & Cathy MacDonald
Ivor & Mieke Lammerink
Archie & Heather Langille°
Joanne LaVergne
Harvey & Rose Anne Lawton
Dean Cross & Holly Lazar-Cross
John Lilley & Eileen Guilfoyle*
Allan & Donna Little
Aart & Judy Looye
Audrey Luft*
William Lutsky*°
Pat MacDonald°
Ruth & Ansel Mark°
Jan & David McAmmond
Ruth & Grant McIntyre
Irvine & Faye° McKee
Scot McLeod
Rod° & Heleen McLeod
Frank° & Gail McMillan*
Angel McVittie
Tim Melton*
Ruth & Brian Menegozzo
Greg Michetti
Bonnie Mihalchan
Shauna Miller
Jack & Marilyn Mulkins*
Mary Anne Murphy°
Mike & Bernice Myshak
The Neff Family
Amber Niemeier
Charlie & Sue Nunn
Esther Ondrack*°
Peter & Sieka Pardee*
Nick & Jodi Parkinson
Toddy° & Anne Parkinson
Cecil & Helen Paull*°
Phil & Barb Payne
Larry & Joanne Pollock
Ashton & Siahra Raeyr
Veronica Ramirez Moran
Helen Ready°
Art & Mildred Reddon°
Bill Rees*°
Kurt Robak
Dwayne & Salwa Samycia
Franco & Barbara° Savoia
Robert C. Schaller°
Kylee Schmitt
Joleen & Allen Schmitt
Tanya Schulz White
John & Jacqueline° Scivoletto
Dan° & Mary Slaght
Donald R. & Mona Smith°
Court & Sandra Smith*
Wylie Stafford & Lesley Howard-Stafford*
Bill & Mary Jane° Stewart
George W. Strange°
Laura Svajlenko & Derek Bleackley
Carol Symons
Bob Tatz
Mary Thomas
Jean-Jacques & Mary-Anne Tremblay
Janet & Jerry Tryhuba
Ron Tucker*°
Robert J. Turnbull°
Robert J. & Dawn Turner*
Eric & Aimee Van Meurs
Allan & Elizabeth Wachowich
Carol & Greg Wagar
Bill° & Betty Lou Weir*
Wanda Wetterberg°
Irene Wood
Donna & Ron Worthington
Leona & Don Yez
Michael Zolf°
Friends & Family of Winnie Kwok

*(°Deceased, *Charter Members)*

We are grateful for every individual recognized in these pages and have made every effort to ensure the accuracy of the names listed. If an error or omission has occurred, please accept our sincere apologies and contact Laura Svajlenko at laura.svajlenko@ymcanab.ca. We will promptly update our online records and ensure the correction is reflected in future recognition opportunities.



YMCA of Northern Alberta Foundation
Charitable Registration 8906 15974 RR0001
ymcanab.ca/legacy

Generously supported by

Felesky Flynn LLP
TAX COUNSEL